

Health Centre:

The University Dispensary started functioning from August 1989 with a view to give the medical cover to university students, staff and their dependants. It is rendering medical aid to Teaching, Non-Teaching staff and their dependants and Students.

The University Dispensary has been converted into Health Centre from December 2002 with in-patients facility and with an idea to provide with investigation and radiology facility to the university employee, their dependants and students. The University Health Centre is functioning from 9.30 A.M to 5.30 P.M on all days in a week with the following existing staff. The Health centre is situated near the Residential and Hospital areas. It is handling all routine out-patients. Medical examinations followed by injections, dressing and minor surgical procedure are carried out here. The necessary medicines are issued free of cost. The Health centre is equipped with all kinds of emergency medicines and injections. Emergency cases are attended to and after providing first line of treatment they are referred to Government Hospital or JIPMER for further treatment and management.

For the in-patient, major surgical intervention, for expert opinion patients are referred to Government Hospital, Maternity Hospital, JIPMER, Pondicherry. The necessary laboratory investigations to be done are carried out by referring them to Government Hospital or private laboratories and follow up of the cases are done by the University Medical Officers. The medical examination of the University employees at the time of appointment is carried out by the University Medical Officers and medical examination of the students is also carried out whenever it is necessary.

Medicines were procured from Government sector companies but medicines which were not available in Government sector were procured from private sector by calling quotations through purchase and store section till February 2019. Now the University authority is purchasing the generic medicines through purchase and store section for the University Health centre as per the Health committee meeting held on February 2020.

Since 4th September 2006, the university Authority has set up a centre of Pondicherry Institute of Medical sciences (PIMS) in the Health Centre, Pondicherry University. It is a private institute which provides medical facilities round the clock to the students, staff and their dependants. The Centre has laboratory facilities too. The patients who attend there also get free medicines from the Health Centre Pondicherry University, Pondicherry, from 9.30 A.M to 5.30 P.M as per direction of the University Authority.

One Siddha Medical service unit by Siddha Regional Research institute (SRRRI) has started at Pondicherry University Health centre since 26/04/2017. It is functioning on every Thursday from 1.30pm-4.30pm

The following are the Health Centre staff:-

Doctor: Dr. (Mrs.) Sheela Das : Chief Medical Officer

Paramedical staff:

Nursing officer : 1

Pharmacist : 1

Assistant : 1

Horticulture Attendant : 1

(The following are the statistics of the treatment (from April 2023-March 2024)

The total number of out-patients : 1307+PIMS Health centre

The total number of injections : 111

The total number of dressing : 235

The total number of emergencies attended : 55

The total number of patients referred for Investigations : 670

Link: <https://www.pondiuni.edu.in/health-centre/>

Health Education Program under Swasth Nari, Shakt Parivar Abhiyaan – Pondicherry University, Karaikal Campus on 18th September 2025.



PONDICHERRY UNIVERSITY
(A Central University)
NATIONAL SERVICE SCHEME - UNIT III
(Karaikal Campus)
Bharathiar Road, Nehru Nagar, Karaikal – 609 605



Dr M Shanmugam, B.Tech., M.Tech., Ph.D.
Programme Officer, NSS UNIT-III

Mobile: +91-900-391-2326

E-Mail: shanmugam_cs@pondiuni.ac.in

Ref. No: PU/NSS/UNIT-III/2025-26/Events/08

Date: 17-09-2025

CIRCULAR

Subject: Circular – Health Education Program under Swasth Nari, Shakt Parivar Abhiyaan

Dear Faculty Members, Staff, and Students,

As per the directions of our Centre Head and in line with the **Government of India's** National Awareness Campaign “**Swasth Nari, Shakt Parivar Abhiyaan**”, a health education session will be conducted by doctors and healthcare professionals from JIPMER Karaikal at Pondicherry University, Karaikal Campus.

Program Details:

Topic: Breast Cancer Awareness and Mental Health for Women

Date: 18th September 2025 (Thursday)

Time: 2:00 PM to 4:00 PM

Venue: Centre Seminar Hall, Pondicherry University, Karaikal Campus

In this regard, all female faculty members, research scholars, and final-year students are kindly advised to attend the program without fail.

Your active participation will contribute to the success of this important awareness initiative.

With regards,

A handwritten signature in blue ink, appearing to read 'M. Shanmugam'.

(Dr M SHANMUGAM)

NSS Programme Officer, UNIT-III
Pondicherry University (Karaikal Campus)

https://www.pondiuni.edu.in/university_news/health-education-program-under-swasth-nari-shakt-parivar-abhiyaan-pondicherry-university-karaikal-campus/

Workshop on Health Awareness & Self-Care for Women Housekeeping Staff of Pondicherry University - Centre for Women's Studies on 25th September 2025.



Dr. Aashita
Centre Head (i/c)

PONDICHERRY UNIVERSITY
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
CENTRE FOR WOMEN'S STUDIES

Silver Jubilee Campus,
Puducherry 605014.
Ph: (O) 0413 – 2654463/820
Mobile: +91 9159475920
E-mail: aashita.pu@pondiuni.ac.in

Ref. No. PU/CFWS/workshop/2025/137

Date: 24.09.2025

E- CIRCULAR

WORKSHOP ON HEALTH AWARENESS & SELF-CARE FOR WOMEN HOUSEKEEPING STAFF OF PONDICHERRY UNIVERSITY

As part of our nation's ongoing Swasth Nari programmes, the Centre for Women's Studies, Pondicherry University in collaboration with the Department of Preventive & Social Medicine, JIPMER, Puducherry is conducting a workshop on the health issues of women housekeeping staff of Pondicherry University on 25/9/25 from 2-5 pm.

About the Workshop

This workshop is in line with the "Swasth Nari, Sashakt Parivar" campaign—launched by our Honourable Prime Minister Shri Narendra Modi on 17th September 2025. The initiative, jointly led by the Ministry of Health & Family Welfare (MoHFW) and the Ministry of Women & Child Development (MoWCD), aims to organise more than 10 lakh health camps from **17th September to 2nd October**. By enhancing their awareness regarding health, self-care and wellness, the proposed workshop seeks to advance women's health and family empowerment.

Inauguration by: Prof. G . Vasanthi, Dean, School Humanities,
Pondicherry University.

Date : 25th September, 2025, 2-5 pm
Venue : Seminar Hall I, SSSIS

Expected Outcomes of the workshop:

- ✓ Enhanced awareness of occupational health hazards and prevention strategies
- ✓ Improved knowledge of ergonomics, nutrition, and self-care practices
- ✓ Strengthened self-esteem and mental health coping mechanisms
- ✓ Better understanding of legal rights and available support services
- ✓ Connection to Swasth Nari programme resources and community health services

A handwritten signature in black ink that reads 'Aashita'.

Head (i/c)
Centre for Women's Studies

Copy to: The System Manager, Computer Center, PU to host the circular on PU Website.

https://www.pondiuni.edu.in/university_news/workshop-on-health-awareness-self-care-for-women-housekeeping-staff-of-pondicherry-university-centre-for-womens-studies/

**CENTRE FOR WOMEN'S STUDIES,
PONDICHERRY UNIVERSITY**

IN COLLABORATION WITH

**DEPARTMENT OF PREVENTIVE & SOCIAL MEDICINE,
JIPMER, PUDUCHERRY**

ORGANISES

A WORKSHOP ON

HEALTH AWARENESS & SELF-CARE

**FOR WOMEN HOUSEKEEPING STAFF OF
PONDICHERRY UNIVERSITY**

DATE: 25 SEPTEMBER, 2025

TIME: 2PM - 5PM

VENUE: SEMINAR HALL 1, SSSIS

WORKSHOP COORDINATOR:

DR. AASHITA

ASSOCIATE PROFESSOR & HEAD,

CENTRE FOR WOMEN'S STUDIES, PONDICHERRY UNIVERSITY

https://www.pondiuni.edu.in/university_news/workshop-on-health-awareness-self-care-for-women-housekeeping-staff-of-pondicherry-university-centre-for-womens-studies/

Sustainability Talk Series on Impact of Firecracker Pollution on Air Quality and Human Health – Centre for Pollution Control and Environmental Engineering on 13th November 2025

Pondicherry University,
School of Engineering & Technology

Centre for Pollution Control and Environmental Engineering.
PURPOSE -CITIZEN SCIENCE TASK FORCE
Pondicherry Urban and Rural priorities for sustainability endeavours

Organize
SUSTAINABILITY TALK SERIES
Thursday, 13 November - 2:30 – 4:30pm

Title
Impact of firecracker pollution on Air quality and human health.

Objective
To sensitize students and the academic community about air pollution during festivals like Diwali, and its associated health and environmental impacts.

Subject expert
Dr Abinaya Sekar
Consulting Research Fellow
Health Effects Institute, USA

Program Coordinator
S.Sudalai
Assistant Professor,
Centre for Pollution Control and Environmental Engineering, Pondicherry University

Prof. S. Gajalakshmi,
Head
Centre for Pollution Control and Environmental Engineering, Pondicherry University

PURPOSE
WhatsApp Group Link
<https://chat.whatsapp.com/E0G0Ykz5520W47H0v5e102>

Citizen Science Forum
PUBLIC Pondicherry Urban and Rural Priorities for Sustainable Development. This group is created to engage the citizens regarding the environmental and community health of Pondicherry.

Join us to Learn.
Join us to Act.

Your knowledge can change the air we breathe.

Link for the webinar

<https://meet.google.com/rgk-gkjo-noy>

8894788723, ssudalai.cpe@ponduni.ac.in

The New York Times

Why Diwali Is Also the Start of Air Pollution Season in New Delhi
 The air quality in India's capital ranks among the worst in the world, but experts say pollution stays in the way of improving it.

NDTV

Alarming AQI: Air Pollution Rising Amid Diwali Celebrations, Here's How To Stay Safe
 New Delhi's air quality index (AQI) has crossed the 'very poor' category, with a reading of 300. This is a significant increase from the 'moderate' category (AQI 100-150) recorded in the days before Diwali.

The Guardian

Diwali fireworks in New Delhi: Air pollution rises as festival season begins
 In New Delhi, the air quality index (AQI) has risen to 300, the highest recorded in the city since 2019.

Documents by Affiliates

Affiliate	Documents
Central Pollution Control Board	35
Ministry of Environment, Forest and Climate Change	30
Central Board of Secondary Education	25
Ministry of Health and Family Welfare	20
Ministry of Education	15
Ministry of Urban Affairs	10
Ministry of Health and Family Welfare	5
Ministry of Education	5

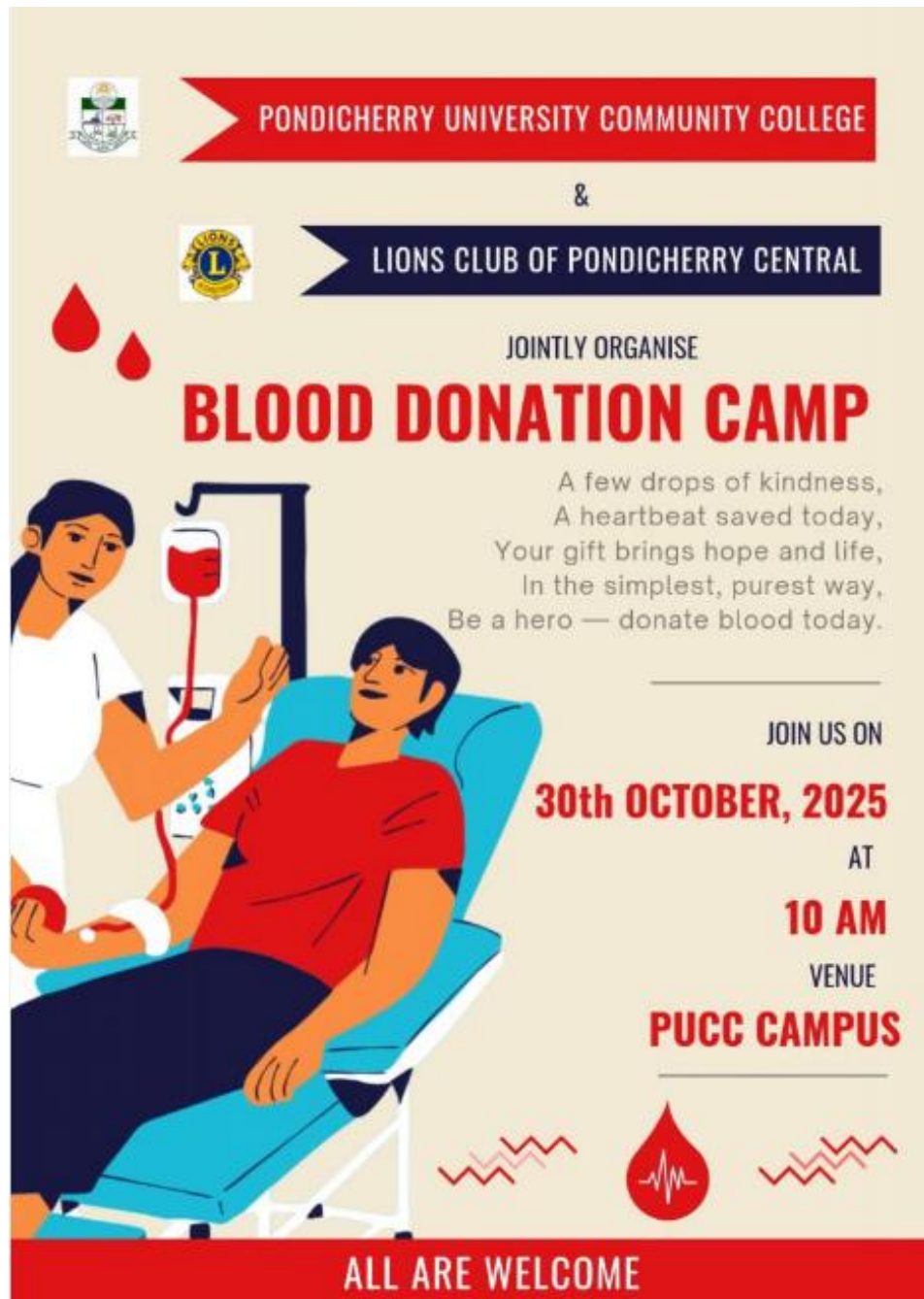
Documents by year


Scopus

Year	Documents
1928	0
1937	0
1946	0
1955	0
1964	0
1973	0
1982	0
1991	0
2000	1
2009	5
2018	15
2027	35


TITLE-ABS-KEY (diwali OR deepavali)

Blood Donation Camp – PUCC, Lawspet on 30th October 2025



 **PONDICHERRY UNIVERSITY COMMUNITY COLLEGE**

&

 **LIONS CLUB OF PONDICHERRY CENTRAL**

JOINTLY ORGANISE

BLOOD DONATION CAMP

A few drops of kindness,
A heartbeat saved today,
Your gift brings hope and life,
In the simplest, purest way,
Be a hero — donate blood today.

JOIN US ON
30th OCTOBER, 2025
AT
10 AM
VENUE
PUCC CAMPUS

ALL ARE WELCOME

https://www.pondiuni.edu.in/university_news/blood-donation-camp-pucc-lawspet-2/

Free Insulin Sugar Test on 01.02.2025



PONICHERRY UNIVERSITY
DIRECTORATE OF DISTANCE EDUCATION

in collaboration with
DR. BLUE INDIA FOUNDATION
&
EAST COAST HOSPITALS
jointly organize



Dr. Blue India



Saving Lives
EAST COAST HOSPITALS

FREE INSULIN SUGAR TEST

for the Teaching and Non-Teaching staff on

 **1ST FEBRUARY 2025, SATURDAY**
07:00 A.M TO 10:00 A.M

**VENUE: DDE BUILDING,
PONDICHERRY UNIVERSITY**



[Free Insulin Sugar Test on 01.02.2025 – Pondicherry University](#)

Free Insulin Sugar Test Medical Camp on 1st February 2025

The Directorate of Distance Education at Pondicherry University, in collaboration with Dr. Blue India Foundation, is organizing a FREE Insulin Sugar Test for all Teaching and Non-Teaching Staff!



PONDICHERRY UNIVERSITY

(A Central University)

DIRECTORATE OF DISTANCE EDUCATION

Dr. ARVIND GUPTA
Director

R.V. Nagar, Kalapet,
Puducherry - 605 014.
✉ director.dde@ponduni.edu.in
☎ 0413-2654440

No. PU/DDE/DIR/2024-25/

Date: 28.01.2025

C I R C U L A R

Sub: Free Insulin Sugar Test Medical Camp –Reg.

The Directorate of Distance Education, Pondicherry University in association with Dr. Blue India Foundation and East Coast Hospitals is conducting a **Free Insulin Sugar Test** medical camp on **February 1, 2025 (Saturday), at 7:00 am in the DDE Building, Pondicherry University** for the teaching and non-teaching staff of Pondicherry University. Interested staff members may submit the registration via the Google form on the link given below. The tests will be conducted on a first-registered, first-served basis.

Instructions:

- Staff members should refrain from taking insulin or any diabetes medications on Friday night.
- Kindly do not consume food on Friday after 7 pm.
- Kindly report at the DDE office at 7 am sharply.
- A fasting blood sample will be collected initially, followed by the administration of a 100g glucose solution to all the participants.
- Two additional blood samples will be collected at one-hour intervals after the glucose intake.

Registration Link: <https://forms.gle/H1rM57BkcmFvJh7k8>


Director



https://www.pondiuni.edu.in/university_news/free-insulin-sugar-test-medical-camp/

Mega General Medical Camp on 05.02.2025



Department of Social Work
Pondicherry University
in collaboration with



PIMS College of Health Sciences, Puducherry

Organises

MEGA GENERAL MEDICAL CAMP

A FIELD WORK PARTNER COLLABORATIVE EVENT

Date : 05.02.2025
Wednesday
Time: 9.00 am to 4.00 pm

Venue: Ananda Rangapillai
Library Building Annexe Hall, PU

Services Available:

- General Medicine
- Ortho
- ENT
- General Surgery
- OBG
- Dermatology
- Paediatrics
- Physiotherapy
- Ophthalmology
- Pulmonary Medicine

The Health camp is open for Teaching and Non-teaching Staffs, Contractual and Outsourcing staffs, Supporting Staffs, Scholars, Students and family members of all stakeholders of Pondicherry University.

Prof. A. Shahin Sultana
Fieldwork Coordinator
Dept. of Social Work
Pondicherry University
Puducherry - 605014

Prof. K. Anbu
Head
Dept. of Social Work
Pondicherry University
Puducherry - 605 014

Organising Committee

Prof. K. Anbu, Prof. R. Nalini, Prof. A. Shahin Sultana, Prof. K. Devan, Dr. C. Satheesh Kumar, Dr. P. B. Shankar Narayan, Dr. Iftekhar Alam, Staffs, Scholars and Students of the Dept. of Social Work

[Mega General Medical Camp on 05.02.2025 – Pondicherry University](#)



Invited Lecture on “Trauma-Informed Psychotherapy” – Department of Applied Psychology on 11th February 2025



PONDICHERRY UNIVERSITY
(A Central University)
DEPARTMENT OF APPLIED PSYCHOLOGY
SCHOOL OF PHYSICAL, CHEMICAL AND APPLIED SCIENCES

Date: 31/01/2025

INVITED LECTURE

Title : **Trauma-Informed Psychotherapy**
Speaker : **Prof. Srilatha Juvva**
Centre for Equity and Justice for Children and Families,
School of Social Work
Tata Institute of Social Sciences, Mumbai
Date and Time : **11-02-2025**
11:30 AM to 1:00 PM
Venue : Seminal Hall (I floor), School of Humanities,
Pondicherry University

All are cordially invited to attend the lecture.


HOD


Prof. Sibnath Deb
Prof. Sibnath Deb, Ph.D
Professor & Head
Department of Applied Psychology
Pondicherry University
Puducherry - 605 014.


Coordinator

Dr. D. Barani Kanth


Dr. D. BARANI KANTH
Professor
Department of Applied Psychology
Pondicherry University, Puducherry - 605 014

https://www.pondiuni.edu.in/university_news/invited-lecture-on-trauma-informed-psychotherapy-department-of-applied-psychology/

Workshop on “Heartfulness Meditation” – Department of Biochemistry, PUCCL, Lawspet on 7th to 9th April 2025.

PONDICHERY UNIVERSITY
COMMUNITY COLLEGE

DEPARTMENT OF BIOCHEMISTRY
Organizes a three Day Workshop On
"HEARTFULNESS MEDITATION"
*in Collaboration with Heartfulness Yoga & Meditation Centre,
Puducherry*

Venue : Seminar Hall Date : 7th- 9th April
Time : 2 - 3 pm

TRAINERS

Day - 1 (on April 7 th)
Thiru. SATHY KANNAN
Rtd Deputy General Manager
Larsen and Toubro Ltd

Day - 2 (on April 8 th)
Thiru. RAJENDIRAN RETHINAM
Rtd Vice President
BEC Fertilizers

Day - 3 (on April 9 th)
Mrs. PADMA PRIYA LEO
CEO , e Venturers Software solutions

ORGANIZING COMMITEE

Dr. D. VARALAKSHMI
ASSISTANT PROFESSOR & HOD (I/C)

Dr. M. THARAHESWARI
ASSISTANT PROFESSOR

Dr. R. GEETHA
GUEST FACULTY

Mr. JOHN MATHEW & Mr. BHARATH KUMAR
TECHNICAL STAFF

ALL ARE INVITED

[Workshop on “Heartfulness Meditation” – Department of Biochemistry, PUCCL, Lawspet – Pondicherry University](#)

Demonstration on Yogic Kriyas – Department of Physical Education and Yoga – Pucc, Lawspet on 12th April 2025

PONDICHERY UNIVERSITY COMMUNITY COLLEGE
(A constituent college of Pondicherry University)
LAWSPET, PUDUCHERRY -605008

Department of Physical Education and Yoga
Organises

DEMONSTRATION ON YOGIC KRIYAS
On 12.04.2025 and 19.04.2025
Saturdays

Resource person
DR.J. SABARINATHAN, Ph.D.,M.Sc (Yoga)
Director of Physical Education, Kasduribai Govt. Women's College,
Villianur, Puducherry.

**JALA NETI, SUTRA NETI, GAJAKARANI
DANDA DHAUTI AND VASTRA DHAUTI**

From 6:30 to 9:30am







CONVENER
Dr.R.MURUGESAN,
Assistant Professor,
Yoga course Coordinator and Head (i/c),
PUCC.

ORGANISING COMMITTEE
Mrs.K.Radhika
Mrs.A.Kanimozhi
Mrs.N.Kalpana
Resource Persons for
Yoga Course

All are welcome

[Demonstration on Yogic Kriyas – Department of Physical Education and Yoga – Pucc, Lawspet – Pondicherry University](#)

Special Lecture Series on Naturopathy & Yoga – Department of Physical Education and Yoga – PUCCL, Lawspet on 11th April 2025




PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A constituent college of Pondicherry University)
LAWSPET , PUDUCHERRY -605008

Department of Physical Education and Yoga


Organises
Special Lecture series on Naturopathy & Yoga

On April 11th, 25th and May 2nd, 2025
Time: 2:30 pm to 4:00pm


Resource person
Dr.S.NAVASAKTHI
BNYS.,MD(Acu).,MSc(Varma).,MSc(Y&N).,PGDHFLM., Ozone Therapy (NIN).
Chief Medical Acupuncturist & Ozone Therapy Consultant ,
Holistic wellness Caare Centre, Puducherry




11.04.2025 NON SURGICAL METHOD AND YOGA MANAGEMENT FOR SPINALCORD



25.04.2025 YOGA MANAGEMENT FOR LIFESTYLE DISORDER



02.05.2025 YOGA MANAGEMENT FOR STRESS



CONVENER
Dr.R.MURUGESAN,
Assistant Professor,
Yoga course Coordinator and Head (i/c),
PUCCL.

ORGANISING COMMITTEE
Mrs.K.Radhika
Mrs.A.Kanimozhi
Mrs.N.Kalpna
Resource Persons for
Yoga Course

All are welcome

[Special Lecture Series on Naturopathy & Yoga – Department of Physical Education and Yoga – PUCCL, Lawspet – Pondicherry University](#)

**Workshop on Yoga Nidra for Relaxation – Department of Physical Education and Yoga
– Pucc, Lawspet on 15th April 2025**

PONDICHERY UNIVERSITY COMMUNITY COLLEGE
(A constituent college of Pondicherry University)
LAWSPET, PUDUCHERRY -605008

Department of Physical Education and Yoga
Organises

**WORKSHOP ON
YOGA NIDRA FOR RELAXATION**

On 15.04.2025, Tuesday

BY
Prof. LALITHA RAMAKRISHNAN.,
Principal (i/c), Pucc

**At 4:00 to
6:00 pm**

CONVENER
Dr.R.MURUGESAN,
Assistant Professor,
Yoga course Coordinator, and Head (i/c),
PUCC.

ORGANISING COMMITTEE
Mrs.K.Radhika
Mrs.A.Kanimozhi
Mrs.N.Kalpana
Resource Persons for
Yoga Course

All are invited

[Workshop on Yoga Nidra for Relaxation – Department of Physical Education and Yoga – Pucc, Lawspet – Pondicherry University](#)

Free Eye Screening Camp – PUCC, Lawspet on 20th May 2025



The poster features three logos at the top: the PUCC logo on the left, a green box with the number '3' and the text 'GOOD HEALTH AND WELL-BEING' with a white heartbeat line and heart icon in the center, and the Pondicherry University logo on the right. The background is light blue with dark blue geometric shapes in the corners.

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
Lawspet, Puducherry-605008

DEPARTMENT OF OPTOMETRY TECHNOLOGY
In Association with
M/S. VASAW EYE CARE
Organises
FREE EYE SCREENING CAMP
Date: 20/05/2025
Time: 10.00 AM to 04.00 PM
Venue: Conference Hall

Services
Vision Check
Computerized Eye testing Through AR
Subjective Refraction
Color Vision
RBS
Blood Pressure

ALL THE STAKEHOLDERS OF PONDICHERRY UNIVERSITY AND GENERAL PUBLIC ARE INVITED .

Camp Co-Ordinators
Dr. R.M. Murugaiyan
Mr. John Mathew

[Free Eye Screening Camp – PUCC, Lawspet – Pondicherry University](#)



புதுவைப் பல்கலைக்கழகச் சமுதாயக் கல்லூரி
இலாகப்பேட்டை, புதுச்சேரி - 605 002.



vasan
eye care

புதுவைப்பல்கலைக்கழகச் சமுதாயக்கல்லூரியின்
கண் தொழில் நுட்பத்துறையும் - வாசன் கண் மருத்துவமனையும்
இணைந்து நடத்தும்

இலவச கண் பரிசோதனை முகாம்

தேதி : 20-05-2025

இடம் : கருத்தரங்க அறை
(அறை எண் 13)

நேரம் : காலை 10 மணி முதல் மாலை 4 மணி வரை

சேவைகள்:

- AR கண்பார்வை பரிசோதனை (கணிப்பொறி வழியில்)
- அகநிலை ஒளி விலகல்
- கண்பார்வை நிறப்பரிசோதனை
- இரத்த சர்க்கரை அளவு பரிசோதனை
- இரத்த அழுத்தம்

புதுவைப்பல்கலைக்கழகச் சமுதாயக்கல்லூரி,
புதுவைப்பல்கலைக்கழகக் குடும்பத்தினர் மற்றும் பொதுமக்கள்
அனைவரும் பயன்பெறலாம்

உறங்கிணைப்பு :

அரங்க மு. முருகையன்
நான் மேத்யூ,
கண் தொழில் நுட்பத் துறை
சமுதாயக்கல்லூரி.

https://www.pondiuni.edu.in/university_news/free-eye-screening-camp-pucc-lawspet/

Lecture series on Innovations in Food Technology for healthy food systems organized by Department of Food Science and Technology on 12th January 2024.

This major move forward will allow us to fine-tune the exact nutrients in our food, make creative food designs, and use environmentally friendly ingredients like insect protein or algae.

3D printing food makes it easier and more creative for restaurants and space missions to do their jobs. This ability to produce meals with specific nutrients is a huge step forward in fighting world hunger.

https://www.pondiuni.edu.in/university_news/lecture-series-on-innovations-in-food-technology-for-healthy-food-systems-department-of-food-science-and-technology/

The poster is a vertical rectangular graphic with a dark teal background and yellow accents. At the top left, it reads 'PONDICHERRY UNIVERSITY' in yellow, followed by 'Department of Food Science and Technology' in white. A yellow rounded rectangle contains the text 'Lecture Series' in white. Below this, another yellow rounded rectangle contains 'Innovations in Food Technology for Healthy Food Systems' in black. The date and time '12 January 2024' and '03:00 - 04:00 pm' are listed in white, with the location 'S8 Hall, DFST' below. A circular inset on the right shows a woman, Dr. Kavya Dashora, in a pink and white patterned sari. At the bottom left, her name 'Dr. Kavya Dashora' is in a yellow box, with her title 'Associate Professor' and affiliation 'Centre for Rural Development and Technology, Indian Institute of Technology, New Delhi' in white. The Pondicherry University logo is in the top right corner. Dotted lines are at the top and bottom.

PONDICHERRY UNIVERSITY
Department of Food Science and
Technology

Lecture Series

**Innovations in
Food Technology for
Healthy Food Systems**

12 January 2024
03:00 - 04:00 pm
S8 Hall, DFST

Dr. Kavya Dashora
Associate Professor
Centre for Rural Development and Technology
Indian Institute of Technology
New Delhi

National Nutrition Month & World Food Day Celebration 2024 organized by Department of Food Science and Technology during September – October 2024

National Nutrition Month 2024 and World Food Day 2024 are celebrated around the world to promote healthy eating and raise awareness about food insecurity and hunger

https://www.pondiuni.edu.in/university_news/national-nutrition-month-world-food-day-celebration-2024-competitions-department-of-food-science-and-technology/

DEPT. OF FOOD SCIENCE & TECHNOLOGY
PONDICHERRY UNIVERSITY

Programme

- Idea Presentation
- New Product Development Competition
- Awareness Program (Farmers)
- Nutrition Counselling
- Panel Discussion
- Reels Competition
- Meme Competition
- Mobile Photography Competition

NATIONAL NUTRITION MONTH & WORLD FOOD DAY CELEBRATION 2024
SEPTEMBER - OCTOBER 2024

POSMAN Abhiyaan
PONDICHERRY CHAPTER

NetProFaN
PONDICHERRY CHAPTER

AFSI
PONDICHERRY CHAPTER

PONDICHERRY UNIVERSITY

NOSH

- BEYOND THE TABLE -

Awareness Rally “National Nutrition Month (Poshan Maah) & World Food Day 2024” organized by Department of Food Science and Technology on 10th October 2024

The Awareness Rally for National Nutrition Month (Poshan Maah) and World Food Day 2024 was held on Tuesday, October 8, 2024 at Pondicherry University. The Department of Food Science and Technology organized the rally.

https://www.pondiuni.edu.in/university_news/awareness-rally-national-nutrition-month-poshan-maah-world-food-day-2024-dept-of-food-science-and-technology/

The poster is a vertical rectangular graphic with a light blue background. At the top, it features three logos: AFSII (Empowering the Food Professional), Puducherry Chapter, Pondicherry University (VERIS L.A. LIBERTAS), and POSHAN Abhiyaan (PM's Overarching Scheme for Holistic Nourishment) with the slogan 'सही पोषण - देश रोशन'. Below the logos, the text reads: 'Department of Food Science and Technology Celebrates National Nutrition Month (Poshan Maah) & World Food Day 2024'. The main title 'Awareness Rally' is in a large, black, cursive font, with 'Students From Pondicherry University' in smaller text below it. This is followed by 'on Nutritious Diet For All' in a large, black, cursive font. The date '10th October 2024' and time '9.30 Am Onwards' are in bold black text. A megaphone icon with a 'JOIN US!' sign is on the left, and a silhouette of a crowd holding a banner is on the right. Below the crowd, it says 'Refreshments will be provided'. At the bottom, a red dashed line shows the route from 'Start: Primary Health Centre, Kalapet' to 'End: Administrative Building- Pondicherry University'. A contact number 'For Queries: 8056897824' is in the bottom right corner.

Department of Food Science and Technology
Celebrates
National Nutrition Month (Poshan Maah)
&
World Food Day 2024

Awareness Rally
Students From Pondicherry University
on
Nutritious Diet For All

10th October 2024
9.30 Am Onwards

JOIN US!

Refreshments will be provided

Start
Primary Health Centre, Kalapet

End
Administrative Building- Pondicherry University

For Queries:
8056897824

International Conference on Bioinformatics in Health and Food Security organized by Department of Bioinformatics from 14-16 March 2024

Food security is the ability of people to have access to enough safe and nutritious food to meet their dietary needs and lead an active, healthy life. Food insecurity is when people don't have regular access to enough food. Food insecurity can be a major public health concern and can negatively impact mental health.

https://www.pondiuni.edu.in/university_news/revise-international-conference-on-bioinformatics-in-health-and-food-security-icb-hfs_2024/



Department of Bioinformatics, Government of India

PONDICHERRY UNIVERSITY
VERO LATAMUS

INSERB
DIA

**DEPARTMENT OF BIOINFORMATICS
PONDICHERRY UNIVERSITY**

*Cordially invites you to the
Inauguration of*

**International Conference on
Bioinformatics in Health and Food Security**
(14 -16 March, 2024)

on
Thursday March 14, 2024 at 9:30 am
Convention-cum-Cultural Centre, Pondicherry University

Prof. K. Tharanikkarasu
Vice Chancellor (i/c)
Pondicherry University
will preside over the function

Dr. S. Chandrasegaran
Professor Emeritus
Johns Hopkins Bloomberg School of Public Health, US
will deliver the Keynote Address

Dr. D. Velmurugan
Research Professor
SRM Institute of Science and Technology
will inaugurate the Conference




International Day against Drug Abuse and Illicit Trafficking “The Evidence is Clear – Invest in Prevention” organized by Department of Social Work on 26th June, 2024

The global drug problem is a multifaceted challenge affecting millions of lives. From individuals grappling with substance use disorders to communities contending with the consequences of drug trafficking and organized crime, the impact of drugs is both far-reaching and complex.

Programme Schedule – International Day against Drug Abuse and Illicit Trafficking on 26.06.2024 “The Evidence is Clear – Invest in Prevention” – Department of Social Work.


The global drug problem presents a multifaceted challenge that touches the lives of millions worldwide. From individuals struggling with substance use disorders to communities grappling with the consequences of drug trafficking and organized crime, the impact of drugs is far-reaching and complex. Central to addressing this challenge is the imperative to adopt a scientific evidence-based approach that prioritizes prevention and treatment.

https://www.pondiuni.edu.in/university_news/programme-schedule-international-day-against-drug-abuse-and-illicit-trafficking-on-26-06-2024-the-evidence-is-clear-invest-in-prevention-department-of-social-wo/

 **DEPARTMENT OF SOCIAL WORK**
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
PONDICHERRY UNIVERSITY, KALAPET-605014

AWARENESS AND SENSITIZATION PROGRAMME ON “PREVENTION OF SUBSTANCE ABUSE”
UNDER THE INITIATIVE OF “NASHA MukT BHARAT ABHIYAAN” AS PART OF OUTREACH
PROGRAMME

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING ON 26TH JUNE, 2024
THEME: THE EVIDENCE IS CLEAR- INVEST IN PREVENTION



Students and Scholars of Pondicherry University are cordially invited to participate in the following Awareness and Sensitization Programs

POSTER MAKING	TWO MINUTE VIDEO PRESENTATION
ESSAY WRITING COMPETITION	SLOGAN WRITING

SUBMISSION MAIL ID: druadaydsw@gmail.com
GLINK FOR REGISTRATION: <https://forms.gle/ou75ogbrDQtizV396>
LAST DATE FOR SUBMISSION: 25th June, 2024 Time: 6:00 pm
Certificates and Prizes will be provided

Prof. A. Shahin Sultana Program Coordinator Department of Social Work	Prof. K. Anbu Head of the Department Department of Social Work
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ORGANISING COMMITTEE MEMBERS.
Prof. K. Anbu, Prof. A. Shahin Sultana, Prof R. Nalini, Prof. K. Devan, Dr. C. Sathesh Kumar, Dr. P. B. Shankar Narayan, Dr. Iftekhar Alam, Staffs, Scholars and Students of the Department of Social Work

World Food Day – 2024 Celebration – Invited Talk on “Nutrition for Health” organized by Department of Biochemistry, PUCCL on 21st October, 2024

FAO Special Goodwill Ambassador for Nutrition, said that in an example of positive change, the African Union’s Pan African Parliament, “has collaborated with FAO to develop a model law on food security and nutrition. This model law serves as a guiding framework, inspiring African Union member states to formulate their own legislation that upholds the right to adequate food as well as food security for all citizens. To facilitate the transition from this model law to concrete legislative action, parliamentary alliances have been established across

https://www.pondiuni.edu.in/university_news/world-food-day-2024-celebration-invited-talk-on-nutrition-for-health-pucc-lawspect/

**PONDICHERY UNIVERSITY
COMMUNITY COLLEGE
DEPARTMENT OF BIOCHEMISTRY**

Organizes
NUTRIFEAST
for
WORLD FOOD DAY- 2024 CELEBRATION
“ Right to foods for a better life and a better future”

&
**An invited Talk on
“NUTRITION FOR HEALTH”**

Prof. NARAYANASAMY SANGEETHA
Department of Food Science & Technology
School of Life Sciences
Pondicherry University

**Venue : Seminar hall
Date : 21st October 2024
Time : 10.30 am**

ALL ARE INVITED

Organizing committee
Dr. D. VARALAKSHMI
ASSISTANT PROFESSOR & HOD (I/C)
Dr. M. THARAHESHWARI
ASSISTANT PROFESSOR
Dr. R. GEETHA
RESOURCE PERSON
Mr. JOHN MATHEW & Mr. BHARATH KUMAR
AVAD STAFF

“Eat right, feel right, stay fit ”

Two day International Workshop on “Scientific and Traditional Yoga for Personality Development of Youth” organized by Department of Physical Education and Yoga, PUCCL on 18th & 19th January 2024

Personality is a very common term which is used in our day-to-day life. It tells us what type of person one is. We know that each person generally behaves consistently in most of the situations. The examples of this consistency can be seen in a person who remains friendly or a person who is generally kind or helpful in most situations. Such a consistent pattern of behaviour is termed as personality. It can be called as the sum total of behaviour that includes attitudes, emotions, thoughts, habits and traits. This pattern of behaviour is characteristic to an individual.

https://www.pondiuni.edu.in/university_news/international-workshop-on-scientific-and-traditional-yoga-for-personality-development-of-youth-pucc/



**Two Day International Workshop on
Scientific and Traditional Yoga for Personality
Development of Youth**

Speaker
YOGACHARYA Dr. NILAMEGAME
Founder of STYM-Yoga INTERNATIONAL, Reunion, FRANCE
INTERNATIONAL GOVERNING COUNCIL EUYO
(Europe Union Yoga Organisation)
Director of international Yoga Federation (IYA), Brazil

Date : 18 & 19 January 2024,
Venue : Seminar Hall, PUCCL Campus

Organizers
Dr. R. Murugesan
Assistant Professor and Yoga Co-ordinator
Dr. S. Jagdeeswari
Assistant Professor and Head (I/c)
Department of Physical Education and Yoga

Presided by
Prof. LALITHA RAMAKRISHNAN
Principal (I/c), PUCCL

WINNER DIGITAL POY 04/24 67967

Lecture on Lessons from the Pandemic for Science and Public Health organized by Department of Sociology in collaboration with Indian Association for Social Sciences and Health on 31st January 2024

https://www.pondiuni.edu.in/university_news/lecture-on-lessons-from-the-pandemic-for-science-and-public-health-department-of-sociology/

**DEPARTMENT OF SOCIOLOGY
PONDICHERRY UNIVERSITY**

...
In collaboration with
**INDIAN ASSOCIATION FOR SOCIAL SCIENCES AND
HEALTH (IASSH)**

**SEVENTH PROFESSOR JOHN
CALDWELL MEMORIAL
LECTURE**

on
**"Lessons from the Pandemic for
Science and Public Health"**

 **SPEAKER**
Dr. Soumya Swaminathan
Chairperson of Dr. M. S. Swaminathan Research Foundation, Chennai, formerly WHO's Chief Scientist, Secretary to the Government of India for Health Research and Director General of the Indian Council of Medical Research from 2015 to 2017.

 **CHAIRPERSON**
Prof. K. Srinivasan
IUSSP Laureate- 2023
Former Director, IIPS

**Prof. T. V. Sekher
President, IASSH**

**Prof. C. Aruna
Conference Convenor**

During 19th Annual Conference of IASSH
31st Jan, 2024 at 11:30 AM
Convention-cum-Cultural Centre,
Pondicherry University

CONTACT US: iassh2024conference@gmail.com

Three day National Workshop on First-Aid Management for Sports organized by Department of Physical Education and Yoga, PUCC from 20th to 22nd February, 2024

Many minor sports injuries can often be treated and healed quickly with immediate first aid care. So, understanding the basic first aid for sports injuries can greatly help prevent further damage to your body. That said, this article focuses on the types of sports injuries, their symptoms, what to do immediately after a sports injury, and what your sports first aid kit should have.

https://www.pondiuni.edu.in/university_news/invitation-national-workshop-on-first-aid-management-for-sports-pucc-lawspet/

DEVELOPED INDIA MISSION **3rd NATIONAL WORKSHOP ON FIRST AID MANAGEMENT FOR SPORTS** **PONDICHERRY UNIVERSITY** **FIT INDIA** **75th ANNIVERSARY OF INDIA**

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A CONSTITUENT COLLEGE OF PONDICHERRY UNIVERSITY)
DEPARTMENT OF PHYSICAL EDUCATION & YOGA
IN COLLABORATION WITH

RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO. 35/2012
THE MINISTRY OF YOUTH AFFAIRS & SPORTS, GOVERNMENT OF INDIA.
SRIPERUMBUDUR

ORGANISES

3rd THREE-DAY NATIONAL WORKSHOP ON FIRST-AID MANAGEMENT FOR SPORTS

INAUGURAL CEREMONY
on 20th February, 2024 at 10:00 am

UNIVERSITY ANTHEM

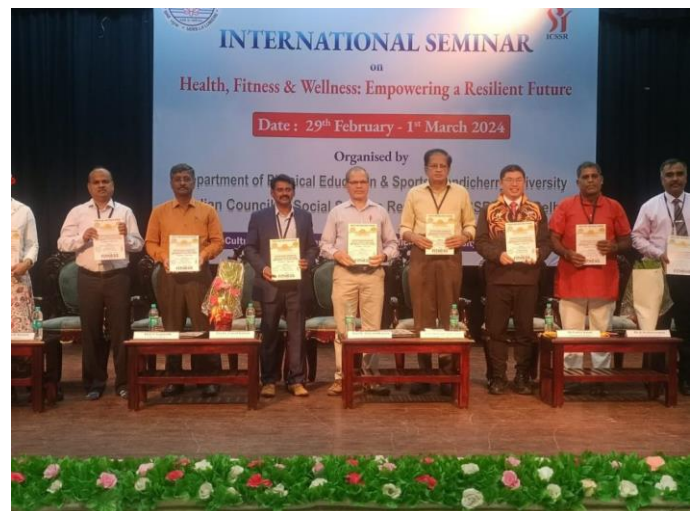
WELCOME ADDRESS	- PROF. LALITHA RAMAKRISHNAN PRINCIPAL I/C
SCOPE OF THE WORKSHOP	-DR. S. JAGADEESWARI, ASSISTANT PROFESSOR, HEAD & ACTIVITY COORDINATOR, DPEY, PUCG
PRESIDENTIAL ADDRESS	- PROF. K. THARANIKKARASU HON'BLE VICE-CHANCELLOR'S (OFFICIATING) PONDICHERRY UNIVERSITY
CHIEF GUEST	- SHRI. N. RANGASAMY HON'BLE CHIEF MINISTER PONDICHERRY
GUEST OF HONOUR	- SHRI. P. M. L. KALYANASUNDARAM MEMBER OF PUDUCHERRY LEGISLATIVE ASSEMBLY
SPECIAL GUEST	- PROF. VASANTHI RAJENDIRAN HEAD, CENTRE FOR TRAINING, ORIENTATION & CAPACITY BUILDING OF YOUTH DEVELOPMENT, SRIPERUNBUDUR
FELICITATION	- PROF. G. VINOD KUMAR HOD, DEPT. OF PHY. EDN & SPORTS PONDICHERRY UNIVERSITY
VOTE OF THANKS	- DR. R. MURUGESAN, ASSISTANT PROFESSOR ACTIVITY CO- COORDINATOR DEPT. OF PHY. EDN. & SPORTS

NATIONAL ANTHEM

International Seminar on Health, Fitness & Wellness: Empowering A Resilient Future organized by Department of Physical Education and Sports in collaboration with ICSSR from 29th February to 1st March 2024

Achieving long-term wellness is a commitment to balancing physical, mental, and emotional health over the course of your life. “Empower Your Health: Strategies for Long-Term Wellness,” rooted in principles supported by the American Sports and Fitness Association (ASFA), provides a comprehensive guide to help you build and maintain sustainable health practices. This approach to wellness transcends short-term fixes, instead focusing on creating habits and strategies that foster lifelong well-being.

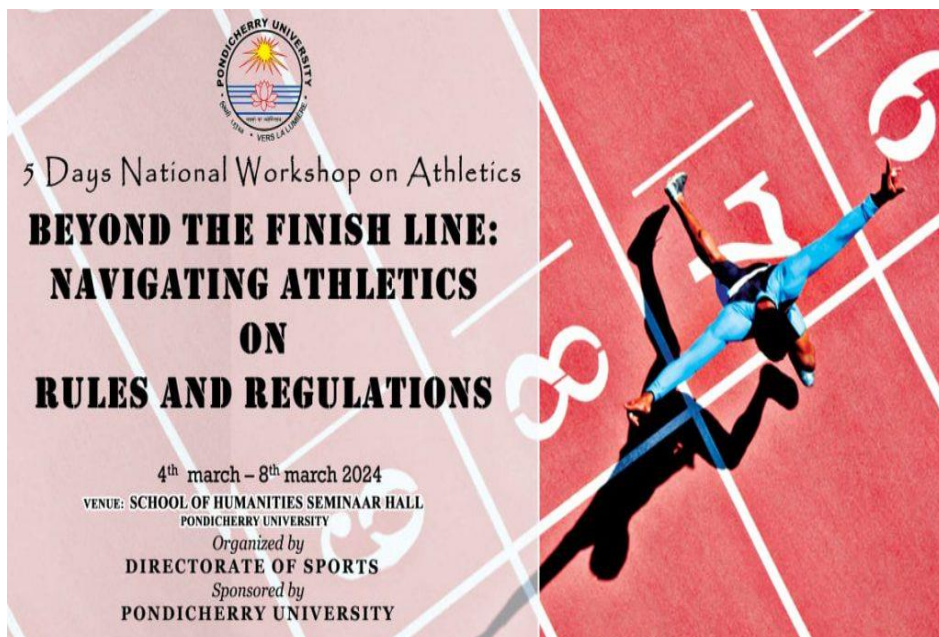
https://www.pondiuni.edu.in/university_news/invitation-international-seminar-on-health-fitness-wellness-empowering-a-resilient-future-department-of-physical-education-and-sports/



5 days National Workshop on Athletics Beyond the Finish Line: Navigating Athletics on Rules and Regulations organized by Directorate of Sports from 4th to 8th March 2024

As athletes transition out of competitive sports, identifying sustainable career paths and establishing robust support systems are paramount to their success. While the challenges are significant, there is a spectrum of opportunities that, if harnessed correctly, can lead to fulfilling second careers for these highly skilled individuals.

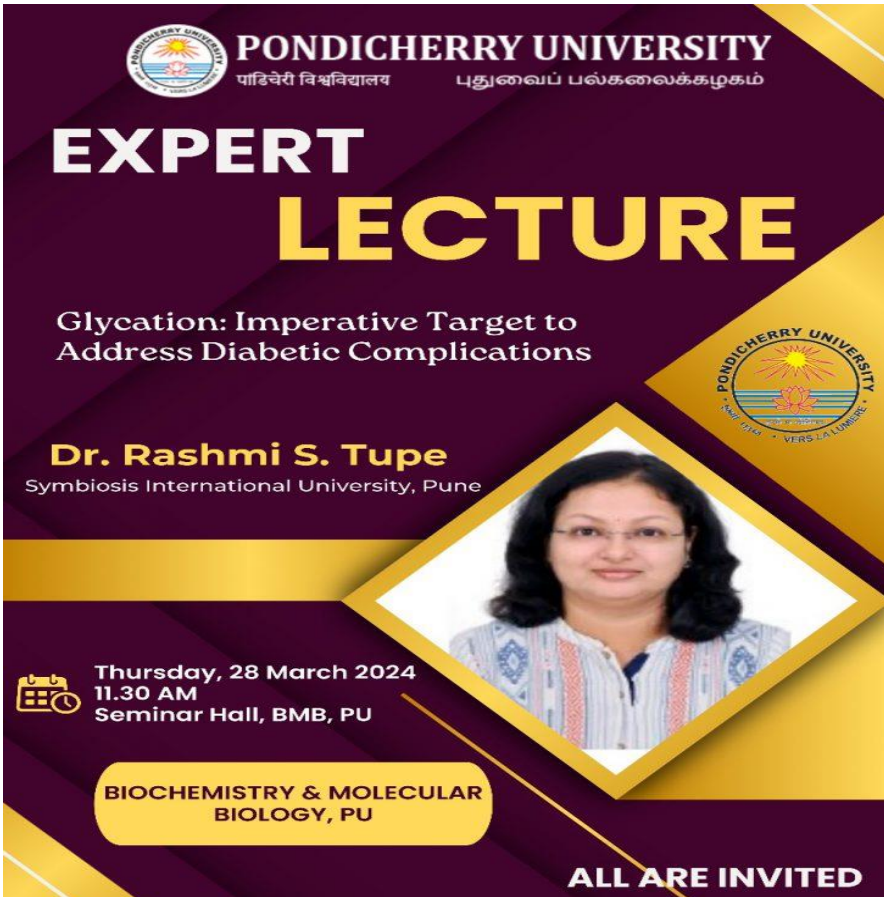
https://www.pondiuni.edu.in/university_news/national-workshop-on-athletics-beyond-the-finish-line-navigating-athletics-on-rules-and-regulations-directorate-of-physical-education-sports/



Expert Lecture on Glycation: Imperative Target to Address Diabetic Complications organized by Department of Biochemistry & Molecular Biology on 28th March, 2024

During long standing hyperglycaemic state in diabetes mellitus, glucose forms covalent adducts with the plasma proteins through a non-enzymatic process known as glycation. Protein glycation and formation of advanced glycation end products (AGEs) play an important role in the pathogenesis of diabetic complications like retinopathy, nephropathy, neuropathy, cardiomyopathy along with some other diseases such as rheumatoid arthritis, osteoporosis and aging. Glycation of proteins interferes with their normal functions by disrupting molecular conformation, altering enzymatic activity, and interfering with receptor functioning.

https://www.pondiuni.edu.in/university_news/expert-lecture-on-glycation-imperative-target-to-address-diabetic-complications-department-of-biochemistry-molecular-biology/



The poster is a vertical rectangular graphic with a dark purple background and yellow geometric accents. At the top left is the Pondicherry University logo, a circular emblem with a sun and text in English and Tamil. To its right, the university's name is written in English and Tamil. The main title 'EXPERT LECTURE' is prominently displayed in large, bold, white and yellow letters. Below this, the lecture topic 'Glycation: Imperative Target to Address Diabetic Complications' is written in white. The speaker's name, 'Dr. Rashmi S. Tupe', is in yellow, followed by her affiliation, 'Symbiosis International University, Pune', in white. A diamond-shaped inset in the center features a portrait of Dr. Tupe, a woman with dark hair and glasses, wearing a patterned blue and white top. To the right of the portrait is a smaller version of the university logo. At the bottom left, a calendar icon is next to the date and time: 'Thursday, 28 March 2024, 11.30 AM', and the location: 'Seminar Hall, BMB, PU'. A yellow rounded rectangle at the bottom center contains the text 'BIOCHEMISTRY & MOLECULAR BIOLOGY, PU'. At the bottom right, the phrase 'ALL ARE INVITED' is written in white capital letters.

PONDICHERRY UNIVERSITY
பாடிகேரி விசுவ்வித்யாலய புதுவைப் பல்கலைக்கழகம்

EXPERT LECTURE

Glycation: Imperative Target to Address Diabetic Complications

Dr. Rashmi S. Tupe
Symbiosis International University, Pune

Thursday, 28 March 2024
11.30 AM
Seminar Hall, BMB, PU


BIOCHEMISTRY & MOLECULAR BIOLOGY, PU

ALL ARE INVITED

Awareness Program on Kidney Health for all “Advancing Equitable Access to Care and Optimal Medication Practice” – PUCCL, Lawspet organized by Department of Renal Dialysis Technology, PUCCL on 12th April, 2024

There is lack of awareness regarding kidney health among population as well as health care providers. There is poor utilization of eGFR (estimated glomerular filtration rate) and urinalysis (albuminuria or microscopic hematuria) testing by primary healthcare providers and physicians, even in high-risk individuals leading to missed diagnosis. There is lack of knowledge for kidney disease risk factors (comorbidities, environmental, low birth weight, pre-eclampsia, etc.). Furthermore, receiving incorrect advice from the quacks causes delayed primary contact with qualified healthcare provider

https://www.pondiuni.edu.in/university_news/awareness-program-on-kidney-health-for-all-advancing-equitable-access-to-care-and-optimal-medication-practice-pucc-lawspet/



**PONDICHERY UNIVERSITY
COMMUNITY COLLEGE**
(A Constituent College Of Pondicherry University)
Lawspet, Puducherry - 605008.

DEPARTMENT OF RENAL DIALYSIS TECHNOLOGY

Invites You For the Awareness Program On

KIDNEY HEALTH FOR ALL

“Advancing Equitable Access To Care And Optimal Medication Practice”

On 12th April, 2024 Venue: Conference Hall.

Guest of Honour
Dr.K.KUMAR
Head, Department of Nephrology,
Indira Gandhi Government General Hospital & Post Graduate Institute, Puducherry.

Presided by
Prof.LALITHA RAMAKRISHNAN
Principal (I/c)

“INTER COLLEGIATE COMPETITIONS”

10:00a.m. To 11:30a.m.	Quiz Program
11:45a.m. To 12:45p.m.	Organ Donation and THOA Act and Rules-Talk by Thiru S.Gnanasekaran & Tmt.P.M.Dhanalakshmi SOTTO, Puducherry
1:30p.m. To 3:30p.m.	Poster/Diet Exhibition
3:45p.m. To 4:30p.m.	Valedictory Function

Vote Of Thanks:
Dr.M.THARAHESWARI
Assistant Professor & Course Co-ordinator.



“ALL ARE CORDIALLY INVITED”



Inauguration of Emergency Care Training organized by PU Community College on 29th May 2024

In the last fifteen years primary health care has focused on health of mothers, children and adolescents, communicable diseases, non-communicable diseases and other chronic communicable diseases like tuberculosis, leprosy and HIV infection. With the launch of Health and Wellness Centres under the Ayushman Bharat programme, a wide range of additional services are envisaged to be delivered under comprehensive primary health care. As a Community Health Officer, you are the pillar of the Sub Health Centre Health and Wellness Centres (SHC-HWC) and instrumental to the roll out of the expanded range of services at the SHC-HWC. Emergency and Trauma Care is one of the new services which is being introduced in the newer package of services to be made available at the AB-HWCs.

https://www.pondiuni.edu.in/university_news/inauguration-of-emergency-care-training-pucc-lawspet/

The poster is red with white and blue text and graphics. At the top, there are four logos: Pondicherry University, Tamil Nadu State Health & Family Welfare Services, a green logo with a flower, and a green box with '3 GOOD HEALTH AND WELL-BEING' and a heart rate line. The main text reads: 'PONDICHERRY UNIVERSITY COMMUNITY COLLEGE in association with ALERT . . . Saving Lives INAUGURATION OF EMERGENCY CARE TRAINING'. Below this, it lists the 'Resource Person' as 'Mr. R. KARAL MARKS, DTED., MA., M.ED., .. Trainer'. The event details are: '29th May 2024 Time: 09:30 am For UG Students' and '29th May 2024 Time: 2:00 pm For B.Voc Students'. The venue is 'Pondicherry University Community College, Lawspet, Puducherry - 605009'. There are decorative white and blue wavy borders at the bottom.

**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE**

in association with
ALERT . . . Saving Lives

INAUGURATION OF
**EMERGENCY
CARE TRAINING**

Resource Person
Mr. R. KARAL MARKS, DTED., MA., M.ED., ..
Trainer

29th May 2024
Time: 09:30 am
For UG Students

29th May 2024
Time: 2:00 pm
For B.Voc Students

Venue
Pondicherry University Community College,
Lawspet, Puducherry - 605009

10th International Day of Yoga – Yoga for Self and Society organized by Directorate of Sports, Department of Physical Education and Sports & Ministry of Information and Broadcasting on 21st June, 2024

Yogic thought discusses two parts of an individual: the smaller, conditioned self and the higher, true self. The smaller self is limited and conditioned, caught up in the mind's fluctuations and sensory desires. The higher Self is pure and unconditioned consciousness, the source of true identity. This concept of self is represented through layers called koshas, each reflecting different aspects of human existence, from the physical body to the deepest layers of consciousness.

The human being is made up of five sheaths or “koshas,” which are layers of existence that move from the outer body to the inner self.

https://www.pondiuni.edu.in/university_news/celebration-of-10th-international-day-of-yoga-yoga-for-self-and-society-on-21-06-2024/

PONDICHERRY UNIVERSITY
DIRECTORATE OF SPORTS & DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
&
GOVERNMENT OF INDIA, MINISTRY OF INFORMATION AND BROADCASTING
CENTRAL BUREAU OF COMMUNICATION, PUDUCHERRY

Cordially solicit your presence on the occasion of the celebration of
10th INTERNATIONAL DAY OF YOGA
YOGA FOR SELF AND SOCIETY
on 21 JUNE 2024 AT 7.30 am
at Netaji Subhash Chandra Bose - Indoor Stadium, Pondicherry University

Inauguration by
PROF. K. THARANIKKARASU
Hon'ble Vice-Chancellor, PU
Guest of Honour
PROF. CLEMENT SAGAYARADJA LOURDES
Director C&CS, PU
In The august Presence of
PROF. RAJNEESH BHUTANI
Registrar, PU
PROF. D. LAZAR
Finance Officer, PU
SHRI. SADANAND G. SWAMI
Controller Examination, PU
DR. M. VIJAYAKUMAR
Librarian, PU
DR. P. THILAKAN
Dean Academic, PU

Organizing Secretaries
SHRI. S. VEERAMANI DR. G. VINOD KUMAR DR. R. RAM MOHAN SINGH DR. A. PRAVEEN DR. M. ELAYARAJA
Member of Information & Head of DPCS PU Member of Sports PU Member of Sports Director of Sports, PU
Broadcasting, C&CS, Pondicherry



10th International Day of Yoga –YOGA MAHOTSAV 2024 organized by Department of Physical Education and Yoga, PUCC & Directorate of Ayush, Govt. of Puducherry on 21st June, 2024

Yoga Mahotsav 2024 was a celebration held on March 13, 2024 at Vigyan Bhawan in New Delhi. It was organized by the Morarji Desai National Institute of Yoga (MDNIY) and the Ministry of Ayush. The event marked the 100-day countdown to the 10th International Day of Yoga (IDY) on June 21, 2024.

https://www.pondiuni.edu.in/university_news/10th-international-day-of-yoga-yoga-mahotsav-2024/

3 GOOD HEALTH AND WELL BEING

Yoga for Harmony & Peace

NATIONAL HEALTH MISSION

NATIONAL AYUSH MISSION

PONDICHERRY UNIVERSITY

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
Lawpet, Puducherry-605008.

&

DIRECTORATE OF AYUSH, GOVERNMENT OF PUDUCHERRY

Jointly organise

YOGA MAHOTSAV-2024

10th INTERNATIONAL DAY OF YOGA ON 21-06-2024

COUNTDOWN YOGA PROGRAM
COMMON YOGA PROTOCOL TRAINING CENTRE

All are invited

Co-ordinated by
Dr. R. Murugesan,
Head (i/c) & Assistant Professor,
Dept. of Physical Education & Yoga,
PUCC

Venue & Time:
Near Mahatma Gandhi Statue,
Rock Beach, White Town, Puducherry
from 7.00 AM to 8.00 AM

In the presence of
Prof. Lalitha Ramakrishnan,
Principal (i/c), PUCC

Workshop on Genetic Counseling organized by Department of Biochemistry, Pucc in collaboration with Satya Special School on 12th July, 2024

Genetic counseling refers to guidance relating to genetic disorders that a specialized healthcare professional (genetic counselor) provides to an individual or family. A genetic counselor might provide information about how a genetic condition could affect an individual or family and/or interpret genetic tests designed to help estimate the risk of a disease. The genetic counselor conveys information to address the concerns of the individual or family, helps them make an informed decision about their medical situation and provides psychological counseling to help them adapt to their condition or risk.

https://www.pondiuni.edu.in/university_news/revise-workshop-on-genetic-counseling-pucc-lawspet/



The poster features a background image of a hand holding a DNA double helix. At the top, it displays the logos of Pondicherry University and Satya Special School. The text is centered and uses various colors (blue, red, green) for emphasis. The organizing committee members are listed at the bottom.

**PONDICHERY UNIVERSITY
COMMUNITY COLLEGE**

DEPARTMENT OF BIOCHEMISTRY
In collaboration with

SATYA SPECIAL SCHOOL

Organizes

**WORKSHOP ON
GENETIC COUNSELING**

Date : 12th July 2024 **Venue : Seminar Hall**

Time : 10.30 a.m- 12.30 p.m

Organizing committee

DR. D. VARALAKSHMI
ASSISTANT PROFESSOR & HOD (I/C)

DR. M. THARAHESWARI
ASSISTANT PROFESSOR


DR. R. GEETHA
GUEST FACULTY

MR. JOHN MATHEW & MR. BHARATHKUMAR


ALL ARE INVITED

Manifesting wellness through Yoga – International workshop and seminar in collaboration with ISCM of Sri Balaji Vidyapeeth and ICYER Ananda Ashram organized by Department of Philosophy on 26th July, 2024

https://www.pondiuni.edu.in/university_news/celebration-of-international-day-of-yoga-2024-department-of-philosophy/




DEPARTMENT OF PHILOSOPHY
SCHOOL OF HUMANITIES
PONDICHERRY UNIVERSITY



**AN INTERNATIONAL WORKSHOP AND SEMINAR IN COLLABORATION
WITH ISCM OF SRI BALAJI VIDYAPEETH AND ICYER ANANDA ASHRAM
PONDICHERRY**

MANIFESTING WELLNESS THROUGH YOGA



**INTERNATIONAL
YOGA DAY**
Sponsored by
INDIAN COUNCIL OF PHILOSOPHICAL RESEARCH
26 JULY 2024, FRIDAY

TIME: 10.00 AM TO 1.15 PM
VENUE: SEMINAR HALL 1, SCHOOL OF HUMANITIES

COORDINATOR
R. VELMURUGAN K
HEAD (I/C) DEPARTMENT OF PHILOSOPHY

FACULTY ADVISORS
DR. B. R. SHANTHA KUMARI
DR. S. INDIRA

One day Workshop on “Emergency Care Training” organized by Department of Biochemistry, Pucc in collaboration with ALERT... Saving lives on 27th August, 2024

https://www.pondiuni.edu.in/university_news/workshop-on-emergency-care-training-pucc-lawspe/

The poster features a background image of a medical professional performing a procedure on a patient. At the top left is the Pondicherry University logo, and at the top right is the community college logo. The text is centered and includes the following details:

**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE**

DEPARTMENT OF BIOCHEMISTRY

In collaboration with

ALERT... Saving lives
Organizes

**One Day Workshop on
“EMERGENCY CARE TRAINING”
PRIMARY LEVEL**

Date : 27th August 2024 **Venue : Seminar Hall**

Session I : 10 a.m-1 p.m
Session II : 2 a.m - 5 p.m

Organizing committee

DR. D. VARALAKSHMI
ASSISTANT PROFESSOR & HOD (I/C)

DR. M. THARAHESWARI
ASSISTANT PROFESSOR

DR. R. GEETHA



MR. JOHN MATHEW & MR. BHARATHKUMAR

ALL ARE INVITED

Awareness Programme on Alcohol and Drug Abuse Prevention for Industrial Labourers in Puducherry organized by Department of Social Work and Directorate of Social Welfare, Govt. of Puducherry on 19th September 2024

Alcohol and drug abuse by young people is extremely dangerous to themselves, family and friends, and society as a whole. Drug and alcohol use among our youth is directly related to traffic fatalities, violence, suicide, academic failure, unsafe sex and other high risk behaviors. Early use may also lead to a lifetime of dependency.

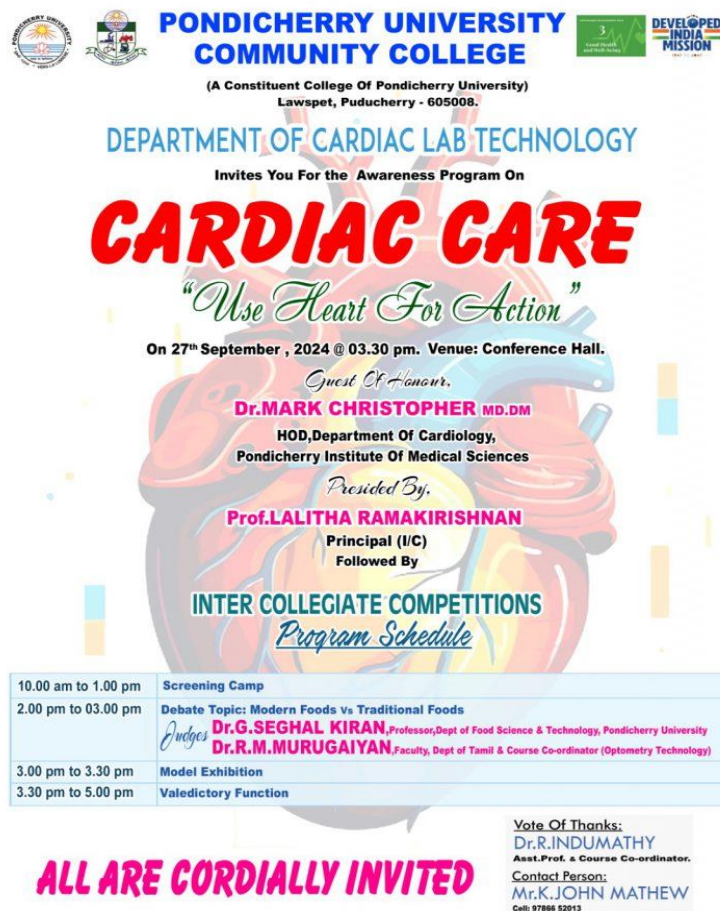
https://www.pondiuni.edu.in/university_news/awareness-programme-on-alcohol-and-drug-abuse-prevention-for-industrial-labourers-in-puducherry-department-of-social-work/

	Directorate of Social Welfare, Government of Puducherry and Department of Social Work, Pondicherry University Jointly Organises	
Awareness Programme on Alcohol and Drug Abuse Prevention for Industrial Labourers in Puducherry		
Under the Scheme National Action Plan for Drug Demand Reduction (MSJE, Govt. of India)		
Venue: Strides Pharma Sciences Ltd. Puducherry		Date: 19.09.2024, 11.30 am
PROGRAMME SCHEDULE		
Welcome Address:	Dr.K.ANBU Project Coordinator Professor & Head Department of Social Work Pondicherry University Puducherry	
Opening Remarks:	Mr.KUMAR KARUTHALAH DGM(HR) Strides Pharma Sciences Ltd. Puducherry	
Session One:	Topic: "Health, well-being and workplace productivity" Dr.D.BARANI GANTH Associate Professor Department of Applied Psychology Pondicherry University Puducherry	
Session Two:	Topic: "Alcohol and Drug Abuse Prevention" Dr.R.NALINI Professor Department of Social Work Pondicherry University Puducherry	
Vote of Thanks:	HR Team Strides Pharma Sciences Ltd. Puducherry	

Awareness Program on “Cardiac Care” organized by Department of Cardiac Lab Technology, PUCC on 27th September, 2024

The awareness on CR program in CHD patients in Nepal is not optimal, especially among 54 and above age group, illiterate people, those receiving treatment equal & more than 1 year duration and the CHD patients who didn't get chance to participate on awareness programs. Hence, it is strongly recommended that health professionals including nurses should organize and promote CR programs including counseling session to improve the awareness level and ultimately enhance quality of life of CHD patients.

https://www.pondiuni.edu.in/university_news/awareness-program-on-cardiac-care-pucc-lawspet/



**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE**
(A Constituent College Of Pondicherry University)
Lawspet, Puducherry - 605008.

DEPARTMENT OF CARDIAC LAB TECHNOLOGY
Invites You For the Awareness Program On

CARDIAC CARE

“Use Heart For Action”

On 27th September , 2024 @ 03.30 pm. Venue: Conference Hall.

Guest Of Honour.
Dr.MARK CHRISTOPHER MD.DM
HOD,Department Of Cardiology,
Pondicherry Institute Of Medical Sciences

Presided By.
Prof.LALITHA RAMAKIRISHNAN
Principal (I/C)
Followed By

INTER COLLEGIATE COMPETITIONS
Program Schedule

10.00 am to 1.00 pm	Screening Camp
2.00 pm to 03.00 pm	Debate Topic: Modern Foods vs Traditional Foods <i>Judges</i> Dr.G.SEGHAL KIRAN ,Professor,Dept of Food Science & Technology, Pondicherry University Dr.R.M.MURUGAIYAN ,Faculty, Dept of Tamil & Course Co-ordinator (Optometry Technology)
3.00 pm to 3.30 pm	Model Exhibition
3.30 pm to 5.00 pm	Valedictory Function

ALL ARE CORDIALLY INVITED

Vote Of Thanks:
Dr.R.INDUMATHY
Asst.Prof. & Course Co-ordinator.
Contact Person:
Mr.K.JOHN MATHEW
Cell: 97886 52013

World Anaesthesia Day Celebration–2024 – “Workforce Well-Being” organized by Department of Operation Theatre Technology, PUCC on 23rd October, 2024

The celebration included the presentation of Appreciation Certificates to our outstanding anaesthesia team members who have consistently gone above and beyond in their roles. The event was followed by a cake-cutting ceremony, with participation from consultants and hospital staff, and an informal gathering with snacks. It was a heart-warming occasion that highlighted the team's unwavering commitment to providing exceptional care to our patients.

https://www.pondiuni.edu.in/university_news/world-anaesthesia-day-celebration-2024-workforce-well-being-pucc-lawspet/

PONDICHERY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
Lawspet, Puducherry-605008.
Department of Operation Theatre Technology

Invites you to the
World Anaesthesia Day Celebration - 2024
Theme: Workforce Well-Being
On 23rd October ,2024 Venue: Conference Hall

Guest of Honour
Dr.Pratheeba , Professor & Head
Department of Anaesthesiology
Indira Gandhi Medical College & Research Institute, Puducherry

Presided by
Prof.Lalitha Ramakrishnan
Principal (I/C)

INTER COLLEGIATE COMPETITIONS

Programme Schedule




Event	Time
Power Point Presentation	1 to 2 pm
Poster Presentation	2 to 3 pm
CPR Demonstration (Mr.B. Arul , Nursing officer ,IGGGH&PGI,Puducherry)	3 to 3.30 pm
Invited Talk (Dr.Madhan,Head, Department of Anaesthesiology ,IGGGH&PGI,Puducherry)	3.30 to 4 pm
Valedictory Function	4 to 5 pm

Organising Committee
D.Gaya, Course Coordinator
K.John Mathew, Avad Staff
P.Soniya , Resource Person
Operation Theatre Technology Students

ALL ARE CORDIALLY INVITED

Blood Donation Camp organized by Lions club of Pondicherry Central in association with Pondicherry University & HDFC Bank Ltd., Pondicherry in collaboration with IGMC&RI – Blood Bank on 25th October, 2024

https://www.pondiuni.edu.in/university_news/blood-donation-camp-department-of-physical-education-and-sports/





**LIONS CLUB OF
PONDICHERRY CENTRAL**
IN ASSOCIATION WITH
PONDICHERRY UNIVERSITY
&
HDFC BANK LTD, PONDICHERRY
AND COLLABORATION WITH
IGMC & RI - BLOOD BANK

IS ORGANIZING A
BLOOD DONATION CAMP


GIVE A HAND
TO THOSE IN SERIOUS
NEED OF BLOOD

THE GIFT THAT COSTS
NOTHING
BUT MEANS EVERYTHING!
IT ONLY TAKES 10 MINUTES



DATE : 25TH OCTOBER, 2024
TIME : 09:30 AM ONWARDS
VENUE : PONDICHERRY UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
KALAPET, PUDUCHERRY - 605 014.

Any healthy adult between 18 yrs and 60 yrs of age and weighing more than 45 kgs can donate blood!



Give **Blood**. Give Life.
It's Safe. It's simple. And it saves lives.

Multi-speciality medical camp organized by Internal Quality Assurance Cell (IQAC) in collaboration with Rotary Club of Pondicherry Pride on 02.03.2024

https://www.pondiuni.edu.in/university_news/multi-speciality-medical-camp-on-02-03-2024/



The poster features logos for Pondicherry University, Rotary, and Sustainable Development Goals. The text is centered and reads: 'PONDICHERRY UNIVERSITY Internal Quality Assurance Cell (IQAC) in collaboration with ROTARY CLUB OF PONDICHERRY PRIDE Indian Medical Association, Puducherry & Indira Gandhi Medical College and Research Institute Team jointly organize MULTI-SPECIALITY MEDICAL CAMP (as a part of Women's Day Celebrations) for the students, Teaching, Non-Teaching staff and their families on March 2, 2024 (Saturday) | Time: 09:00 A.M. to 01:00 P.M.' A list of medical specialties is provided in a green box: General Medicine, Nephrology, Dermatology, Orthopedics, Pediatrics, Social & Preventive Medicine, Ophthalmology, Neurology, Dental, Gynecology, and Cardiology. The venue is 'Lecture Hall Complex, Science Block, Pondicherry University'. The inauguration is by 'Prof. K. Tharanikkarasu, Vice-Chancellor (i/c) Director (SEI&RR) and Coordinator (IQAC)'. All are invited. The Deputy Coordinator is 'Dr. R. Vishnu Vardhan' and the Event Coordinator is 'Dr. G. Subhalakshmi, SDG 11 Coordinator'.

Vice-Chancellor (Officiating) Prof K. Tharanikkarasu inaugurated the free Multi-Speciality Medical Camp to the University faculty members, Non-Teachings staff and their family members organized by the IQAC.





Celebration of 10th International Day of Yoga – Yoga for Self and Society organised by Directorate of Sports & Department of Physical Education and Sports & GoI, Ministry of Information and Broadcasting Central Bureau of Communication, Puducherry on 21.06.2024

https://www.pondiuni.edu.in/university_news/celebration-of-10th-international-day-of-yoga-yoga-for-self-and-society-on-21-06-2024/

PONDICHERY UNIVERSITY
DIRECTORATE OF SPORTS & DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
&
GOVERNMENT OF INDIA, MINISTRY OF INFORMATION AND BROADCASTING
CENTRAL BUREAU OF COMMUNICATION, PUDUCHERRY

Cordially solicit your presence on the occasion of the celebration of
10TH INTERNATIONAL DAY OF YOGA
YOGA FOR SELF AND SOCIETY
on 21 JUNE 2024 AT 7.30 am
at Netaji Subhash Chandra Bose - Indoor Stadium, Pondicherry University

Inauguration by
PROF. K. THARANIKKARASU
Hon'ble Vice-Chancellor, PU
Guest of Honour
PROF. CLEMENT SAGAYARADJA LOURDES
Director C&CS, PU
In The august Presence of
PROF. RAJNEESH BHUTANI
Registrar, PU
PROF. D. LAZAR
Finance Officer, PU
SHRI. SADANAND G. SWAMI
Controller Examination, PU
DR. M. VIJAYAKUMAR
Librarian, PU
DR. P. THILAKAN
Dean Academic, PU

Organizing Secretaries
SHRI. S. VEERAMANI (Ministry of Information & Broadcasting CBS, Puducherry) DR. G. VINOD KUMAR (Head DPES) DR. R. RAM MOHAN SINGH (Dy. Director of Sports) DR. A. PRAVEEN (Dy. Director of Sports) DR. M. ELAYARAJA (Director of Sports I/C)



Prof. K. Tharanikkarasu, VC i/c inaugurated the 10th Intl. Day of Yoga: Yoga for Self and Society at NSC Bose Indoor Stadium, PU on 21.06.24. Director(C&CR), Librarian,

Dir. & Dy. Dir., HoD(PE&S),Dean (Aca.), OSD (V&S), Faculty, Staff, & Students actively participated in the event




Substance Abuse – Awareness Programme organized by Department of Biochemistry, PUCC in collaboration with National Oral Health Programme – State Tobacco control cell – India Women’s Network (IWN) & Care Max Foundation on 9th April, 2024

As used in this discussion, substance abuse refers to excessive use of a drug in a way that is detrimental to self, society, or both. This definition includes both physical dependence and psychological dependence.

<https://www.pondiuni.edu.in/wp-content/uploads/2024/04/SUBSTANCE-ABUSE-AWARENESS-AND-SENSITIZATION-PROGRAM-08042024.pdf>

2020



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
DEPARTMENT OF BIOCHEMISTRY

in collaboration with

**NATIONAL ORAL HEALTH PROGRAMME - STATE TOBACCO CONTROL CELL -
INDIA WOMEN'S NETWORK (IWN)
&
CARE MAX FOUNDATION**

Present

"SUBSTANCE ABUSE - AWARENESS PROGRAMME"

under

**PROJECT MANAM
(MENTAL HEALTH AWARENESS AND NURTURING ADOLESCENT MINDS)**

Venue: Badminton court, PUCC Date: 09/04/2024 Time: 10:00 a.m. to 12:30 p.m.

Welcome Address	Dr. Varalakshmi D, Assistant Professor.
Presidential Address	Prof. Lalitha Ramakrishnan, Principal (I/c).
Guest of Honor	Thiru. Ravichandran NR, Chief Financial Officer TANFAC Industries Limited, SIPCOT, Cuddalore.
Scope of the program	Dr. Sooriya Prasanna S, Founder President, Care Max Foundation.
Substance Abuse – An overview	Dr. Kavipriya Outtamane, State Nodal Officer, National Oral Health Program.
Legal proceedings and Penal punishments related to Substance Abuse	Dr. Suryakumar, State Consultant, National Tobacco Control Cell.
Emerging Trends and Challenges of Substance Abuse among Youth	Dr. Sooriya Prasanna S, Founder President, Care Max Foundation.
Break the Chain- Say No to Drugs	Prof. Nalini R, Dept. of Social Work, Pondicherry University.
Vote of Thanks	Dr. Tharakeswari M, Assistant Professor.

ALL ARE INVITED

Inauguration of Emergency Care Training for School of Management on 19th September 2024

Emergency care training can include first aid, emergency medical technician training, and courses on trauma care, cardiac care, and other medical conditions.

<https://www.pondiuni.edu.in/wp-content/uploads/2024/09/Inauguration-of-Emergency-care-Training.pdf>



அலர்ட் ...
உயிர் காக்கும் பணியில்
ALERT ... Saving Lives

INAUGURATION OF EMERGENCY CARE TRAINING
for School of Management, Pondicherry University,
Kalapet, Puducherry-605 014.

Venue : **School of Management Auditorium**
On : **19th September 2024**

1st Session at **10:00am** – Inauguration by
Mr. M. NANDAKUMAR, Managing Director,
Lebracs Rubber Lining Pvt. Ltd., Puducherry
(Past Chairman, CII - Puducherry)

2nd Session at **02:00pm** – Inauguration by
Prof. K. THARANIKKARASU, Honorable Vice-Chancellor (i/c)
Pondicherry University, Puducherry

Mr. R. Mananathan
President ALERT Puducherry
Chairman
Manatec Group of Companies

Mr. I. Syed Sajjadh Ali
Vice President ALERT Puducherry
Managing Director
Eston Power Quality Pvt. Ltd.

Mr. S.Thangamanimaran
General Secretary ALERT Puducherry
Managing Director
JENO Maren Builders (P) Ltd.

National Conference on Gender, Health and Sustainable Development: Global and National Perspectives organized by Department of Sociology & Indian Association for Social Sciences and Health on 31st January, 2024

Gender refers to the social relationships between males and females in terms of their roles, behaviours, activities, attributes and opportunities, and which are based on different levels of power. Gender interacts with, but is distinct from, the binary categories of biological sex. In this paper we consider how gender interacts with the 2030 agenda for sustainable development, including sustainable development goal (SDG) 3 and its targets for health and well-being, and the impact on health equity. We propose a conceptual framework for understanding the interactions between gender (SDG 5) and health (SDG 3) and 13 other SDGs, which influence health outcomes.

https://www.pondiuni.edu.in/university_news/invitation-national-conference-on-gender-health-

Invitation

DEPARTMENT OF SOCIOLOGY
(School of Social Sciences & International Studies)
PONDICHERRY UNIVERSITY

&

INDIAN ASSOCIATION FOR SOCIAL SCIENCES AND HEALTH (IASSH)

cordially invite you to the inaugural function of the National Conference

Gender, Health and Sustainable Development: Global and National Perspectives

on
Wednesday, 31st Jan 2024 at 10.00 am
Convention-cum-Cultural Centre (CCC),
Pondicherry University

Chief Guest
Dr. (Smt.) Tamilsai Soundararajan
Hon'ble Lieutenant Governor of Puducherry, Governor of Telangana &
Chief Rector of Pondicherry University
has kindly consented to deliver the inaugural address

Guests of Honour

Shri. R. Selvam
Hon'ble Speaker, Govt. of Puducherry

Shri. P.M.L. Kalyanasundaram
Hon'ble Member of Legislative Assembly
Kalapet Constituency

Shri. A. Namassivayam
Hon'ble Minister for Home and Education
Govt. of Puducherry

Prof. K. Srinivasan
Former Director, IIPS, Mumbai

Prof. B.B. Mohanty
Dean, School of Social Sciences and International Studies, Pondicherry University
will deliver the felicitation address

Prof. K.Tharanikkarasu
Vice-Chancellor (Officiating)
Pondicherry University
will preside

Prof. C. Aruna
Conference Convenor

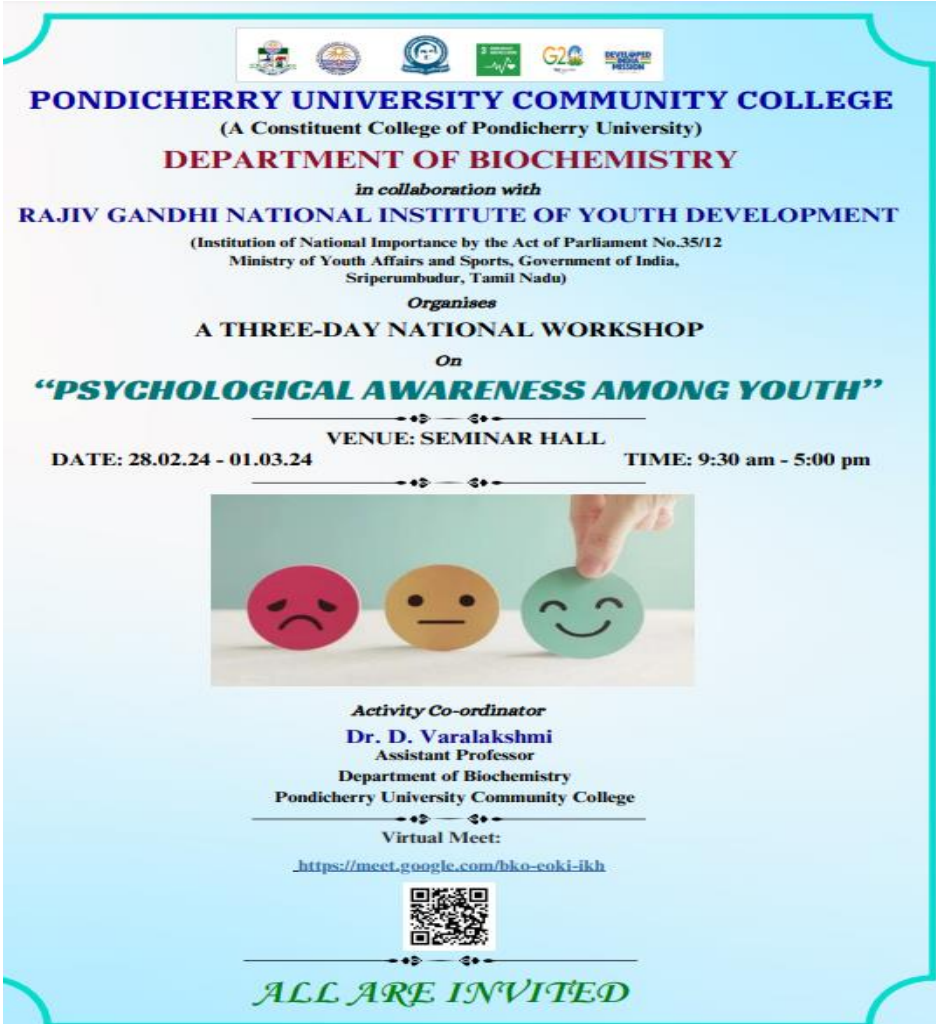
Prof. T.V. Sekher
President, IASSH

ICSSR



Three-day National Workshop on “Psychological Awareness among Youth” organized by Department of Biochemistry, PUC in collaboration with Rajiv Gandhi National Institute of Youth Development from 28th February, 2024 to 1st March 2024

Spreading awareness on the state of mental health in youth is necessary to surface deep and honest conversations on the many ways adolescents are subjected to high levels of stress and trauma. It allows communities across all demographic groups to recognize the warning signs and prevent the dismissal of severe struggles as just another assumed kid or teenage habit.

https://www.pondiuni.edu.in/university_news/invitation-national-workshop-on-psychological-awareness-among-youth-pucc-lawspet/



The poster features a light blue background with a decorative border. At the top, there are logos for Pondicherry University, the Department of Biochemistry, and the Rajiv Gandhi National Institute of Youth Development. The main text is centered and reads: 'PONDICHERRY UNIVERSITY COMMUNITY COLLEGE (A Constituent College of Pondicherry University) DEPARTMENT OF BIOCHEMISTRY in collaboration with RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT (Institution of National Importance by the Act of Parliament No.35/12 Ministry of Youth Affairs and Sports, Government of India, Sriperumbudur, Tamil Nadu) Organises A THREE-DAY NATIONAL WORKSHOP On "PSYCHOLOGICAL AWARENESS AMONG YOUTH" VENUE: SEMINAR HALL DATE: 28.02.24 - 01.03.24 TIME: 9:30 am - 5:00 pm'. Below the text is an image of three colorful smiley faces (red sad, yellow neutral, green happy) with a hand touching the green one. At the bottom, it lists the activity co-ordinator, Dr. D. Varalakshmi, and provides a virtual meet link and a QR code. The phrase 'ALL ARE INVITED' is written in a stylized font at the very bottom.

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
DEPARTMENT OF BIOCHEMISTRY
in collaboration with
RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
(Institution of National Importance by the Act of Parliament No.35/12
Ministry of Youth Affairs and Sports, Government of India,
Sriperumbudur, Tamil Nadu)
Organises
A THREE-DAY NATIONAL WORKSHOP
On
“PSYCHOLOGICAL AWARENESS AMONG YOUTH”
— ◆ — ◆ —
VENUE: SEMINAR HALL
DATE: 28.02.24 - 01.03.24 **TIME: 9:30 am - 5:00 pm**
— ◆ — ◆ —

Activity Co-ordinator
Dr. D. Varalakshmi
Assistant Professor
Department of Biochemistry
Pondicherry University Community College
— ◆ — ◆ —
Virtual Meet:
<https://meet.google.com/bko-eoki-ikh>

ALL ARE INVITED

Three-day National Workshop on Mindfulness Practices for Youth organized by Department of Mathematics, PUCC from 11th – 13th March, 2024

Most youth experience states of mindfulness sometimes through a physical activity or being in nature. With continued practice, mindfulness can become a trait or disposition and an approach to life. MBIs such as the well-known Mindfulness-Based Stress Reduction (MBSR) are recognized as evidenced- based practices for stress reduction and other challenges such as anxiety. Many programs for youth have been adapted from MBSR.

[file:///C:/Users/IQAC/Downloads/Events-National-Workshop-on-Mindfulness-Practices-for-Youth-%E2%80%93-PUCC-Lawspet%20\(2\).pdf](file:///C:/Users/IQAC/Downloads/Events-National-Workshop-on-Mindfulness-Practices-for-Youth-%E2%80%93-PUCC-Lawspet%20(2).pdf)

DEVELOPED INDIA MISSION
30 YEARS OF INDEPENDENCE
PONDICHERRY UNIVERSITY
PUCC
75 Azadi Ka Amrit Mahotsav

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University)
Lawspet, Puducherry-605008

DEPARTMENT OF MATHEMATICS
ORGANISES
A THREE-DAY NATIONAL WORKSHOP ON
MINDFULNESS PRACTICES FOR YOUTH
Date: 11/03/24 to 13/03/24
AT
SEMINAR HALL, PUCC

IN COLLABORATION WITH
RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO.22/2003
MINISTRY OF YOUTH AFFAIRS AND SPORTS, GOVERNMENT OF INDIA

Co-Organizers :-
Dr. S.JAGADEESWARI
Asst. Prof & Head(I/c)
Dept. Of Physical Education & Yoga, PUCC
Dr.R.MURUGESAN
Asst. Prof
Dept. Of Physical Education & Yoga, PUCC

PROGRAMME COORDINATOR
Dr. A. THANGAM
Asst. Prof & Head(I/c)
Dept. of Mathematics, PUCC

- No Registration fee
- Interested UG/PG/Scholars can register using URL:
<https://docs.google.com/forms/d/e/1FAIpQLSdCByFnGTaUonjGBRZ3Euohj1rv8CrggUxxEghYFnTnpoFehA/viewform>
- Participation Certificate will be provided. Only limited seats on first serve basis
- Lunch & refreshments will be provided. No TA/DA will be provided.
- No accommodation shall be provided by the organizers.
- For further details contact Phone No: 8220733570

SCAN

Talk on Mental Health Matters organized by Department of Management Studies on 12th August, 2024

Mental health and wellness are essential to overall health. The World Health Organization defines health as “... a state of complete physical, mental, and social well-being...”¹ For all of us, our mental, physical, and social health are interdependent.

https://www.pondiuni.edu.in/university_news/talk-on-mental-health-matters-department-of-management-studies/



PONDICHERY UNIVERSITY
SCHOOL OF MANAGEMENT
DEPARTMENT OF MANAGEMENT STUDIES

Invites you to

TALK ON
**MENTAL HEALTH
MATTERS**

2:30 p.m. – 4:00 p.m.

SPEAKER:
Dr. D. Barani Kanth
Associate professor,
Department of Applied
Psychology, PU

Introduction

Welcome Address

Felicitation

Special Lecture

Vote of Thanks

Dr.S. Riasudeen
professor , DMS, PU

Prof. R. Kasilingam
Head, DMS, PU

Prof. Malabika Deo
Dean, School of Management, PU

Dr. D. Barani Kanth
Resource Person

Q and A Session
3:30 p.m. – 4:00 p.m.


SOM
AUDITORIUM

12
AUG

International Suicide Prevention Day 2024 “Changing the Narrative on Suicide” organized by Department of Social Work in collaboration with Indira Gandhi Govt. General Hospital and Postgraduate Institute on 5th September 2024

Understanding the factors contributing to suicide attempts is crucial for developing effective suicide prevention plans. In a study, survivors of suicide attempts were interviewed to understand the reasons for suicide and several common factors were identified. Let's look at some key factors responsible for youth suicide attempts.

https://www.pondiuni.edu.in/university_news/international-suicide-prevention-day-2024-changing-the-narrative-on-suicide-department-of-social-work/



DEPT OF SOCIAL WORK, SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES, PONDICHERRY UNIVERSITY IN COLLABORATION WITH INDIRA GANDHI GOVT. GENERAL HOSPITAL AND POSTGRADUATE INSTITUTE (IGGGH&PGI), PUDUCHERRY

OBSERVES INTERNATIONAL SUICIDE PREVENTION DAY, 2024
“CHANGING THE NARRATIVE ON SUICIDE”
ON 5th SEPTEMBER, 2024 (THURSDAY) 10:00 AM ONWARDS
VENUE: SEMINAR HALL, SSSIS

A FIELD WORK PARTNER COLLOBARATIVE PROGRAMME (2024-25)

PROGRAMME SCHEDULE

10:00 am: Welcome Address:	Prof. K. Anbu Head, Dept. of Social Work Pondicherry University
10:05 am: Opening Remarks:	Prof. A. Shahin Sultana Programme Coordinator cum Field Work Coordinator (2024-25) Dept. of Social Work, Pondicherry University
10: 10 am: Inaugural Address:	Prof. G. Chandhrika Dean, School of Social Sciences and International Studies, Pondicherry University, Puducherry
10: 20 am: Special Address:	Dr. K. Balan Ponmani Stephen, HOD, Dept of Psychiatry, Specialist IGGGH & PGI, Govt of Puducherry; Nodal officer for National Mental Health Programme; Program coordinator for National Tele Manas Programme, Govt. of Puducherry
10:30 -10:45 am:	Tea Break
10: 45 am – 12: 25 pm:	Awareness Session from the Team of IGGGH & PGI
12: 30 pm:	Vote of Thanks

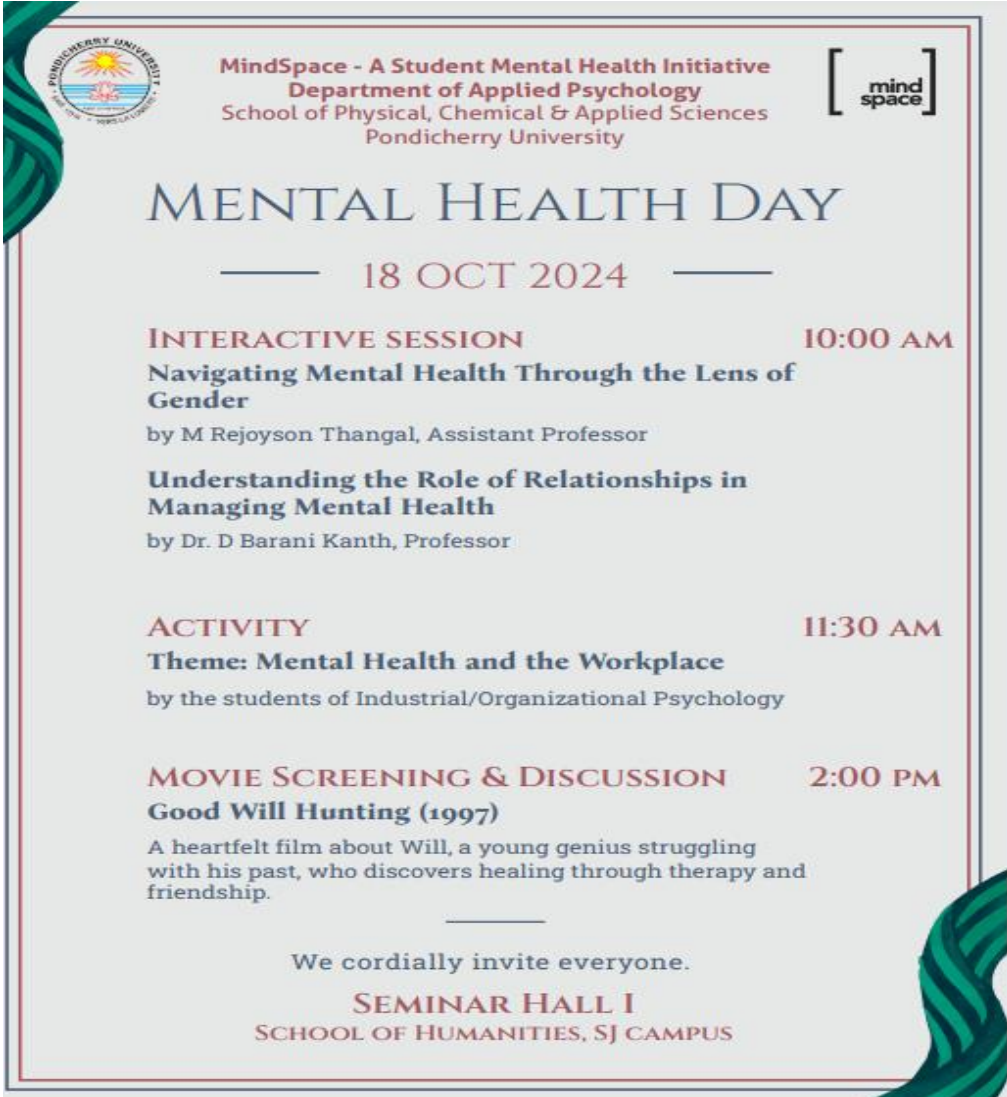
MSW Field Work Trainees Organizing Team: Ashwin MS, Chinmaya Sunil, Greeshma Thomas, BR Lakshmi, Mohana S, Nandhini M, Reshma K, Tamizh Thenaruli S


Organizing Committee Members
Prof. K. Anbu, Prof. R. Nalini, Prof. A. Shahin Sultana, Prof. K. Devan, Dr. C. Satheesh Kumar,
Dr. P. B. Shankar Narayan, Dr. Iftekhar Alam, Office Staff, Scholars and Students


Mental Health Day – Interactive session organized by Department of Applied Psychology on 18th October 2024

World Mental Health Day is celebrated every year on 10 October. The day is about coming together to talk about mental health and show everyone that mental health matters. Talking about our mental health can help us cope better with life's ups and downs.

https://www.pondiuni.edu.in/university_news/invitation-mental-health-day-department-of-applied-psychology/



 **MindSpace - A Student Mental Health Initiative**
Department of Applied Psychology
School of Physical, Chemical & Applied Sciences
Pondicherry University



MENTAL HEALTH DAY

— 18 OCT 2024 —

INTERACTIVE SESSION **10:00 AM**
Navigating Mental Health Through the Lens of Gender
by M Rejoyson Thangal, Assistant Professor

Understanding the Role of Relationships in Managing Mental Health
by Dr. D Barani Kanth, Professor

ACTIVITY **11:30 AM**
Theme: Mental Health and the Workplace
by the students of Industrial/Organizational Psychology

MOVIE SCREENING & DISCUSSION **2:00 PM**
Good Will Hunting (1997)
A heartfelt film about Will, a young genius struggling with his past, who discovers healing through therapy and friendship.

—
We cordially invite everyone.
SEMINAR HALL I
SCHOOL OF HUMANITIES, SJ CAMPUS

World Mental Health Day – Guest Talk on “Addiction the Impending Tsunami” organized by Department of Management, PUC in collaboration with CII-Indian Women Network on 22nd October, 2024

We’ll cleanse an area on your arm and insert a new sterile needle for the blood draw. (This feels like a quick pinch and is over in seconds.)

A whole blood donation takes about 8-10 minutes, during which you’ll be seated comfortably or lying down while approximately a pint of whole blood is collected.

For a Power Red donation, a device will use a single-use kit to collect two units of packed red blood cells and return your plasma along with saline through the same sterile needle in approximately 45 minutes.

https://www.pondiuni.edu.in/university_news/world-mental-health-day-guest-talk-on-addiction-the-impending-tsunami-pucc-lawspet/

The poster is for a World Mental Health Day guest talk. It features logos for FIT INDIA, 3 GOOD HEALTH AND WELL BEING, DEVELOPED INDIA WITH A MISSION, PONDICHERRY UNIVERSITY COMMUNITY COLLEGE Department of Management, CII, and CII - Indian Women Network. The main title is 'ADDICTION THE IMPENDING TSUNAMI'. The speaker is Dr. K. Mathan, MD Psychiatry, Professor & HOD, Department of Psychiatry, Indira Gandhi Medical College & Research Institute, Puducherry. The event is in the presence of Prof. Lalitha Ramakrishnan, Principal (i/c). The date and time are Tuesday, 22 October 2024, 10:30 AM - 12:00 NOON. The organizers are Dr. A. Bharathy, Assistant Professor & Head(i/c). The co-organizers are Dr. C. Arjunan, Assistant Professor, Dr. R. Sathiyamoorthy, Assistant Professor, and Dr. R Venkatajalapathy, Resource Person. The poster also mentions it is an initiative for BBA students.

World Mental Health Day
Guest Talk on
**ADDICTION
THE IMPENDING TSUNAMI**

Our Speaker:
Dr. K. Mathan
MD Psychiatry
Professor & HOD
Department of Psychiatry
Indira Gandhi Medical College &
Research Institute, Puducherry

In the presence of:
Prof. Lalitha Ramakrishnan
Principal (i/c)

Tuesday, 22 October 2024
10:30 AM - 12:00 NOON

Organiser:
Dr. A. Bharathy
Assistant Professor & Head(i/c)

Co-organisers:
Dr. C. Arjunan
Assistant Professor
Dr. R. Sathiyamoorthy
Assistant Professor
Dr. R Venkatajalapathy
Resource Person

An Initiative for BBA students

Screening and Awareness Campaign on Women's Health organized by Internal Quality Assurance Cell (IQAC), Department of Food Science and Technology in association with the Rotary Club of Pondicherry-Divine City & Pondicherry Institute of Medical Sciences on 8th March 2024

While poverty is an important barrier to positive health outcomes for both men and women, poverty tends to yield a higher burden on women and girls' health due to, for example, feeding practices (malnutrition) and use of unsafe cooking fuels (COPD).

https://www.pondiuni.edu.in/university_news/screening-and-awareness-campaign-on-womens-health-department-of-food-science-and-technology/



Pondicherry University
Internal Quality Assurance Cell (IQAC)
School of Life Sciences
Department of Food Science and Technology

In Association with the
Rotary Club of Pondicherry- Divine City
&
Pondicherry Institute of Medical Sciences, Pondicherry
Invite
FEMALE STAKEHOLDERS OF PONDICHERY UNIVERSITY
to the
Screening and Awareness Campaign on
Women's Health
(For Students, Teachers, and Administrative staff)

Inaugurated By
Prof. K. Tharanikkarasu
Vice Chancellor (I/c)
Director (SEI&RR) and Coordinator (IQAC)

Date: 08.03.2024 Time: 8.30 am to 3:00 pm
Venue: Health Centre, Pondicherry University

Preliminary Screening

- General Health
- PCOS
- Uterine/ Cervical Cancer
- Breast Cancer

Tests done @ subsidized rates

- Mammogram
- Abdominal Ultrasound
- PAP Smear

Powered by
IQAC, Pondicherry University with
Rotary Club of Pondicherry- Divine City

Dr. Vishnu Vardhan
Deputy Coordinator (IQAC)

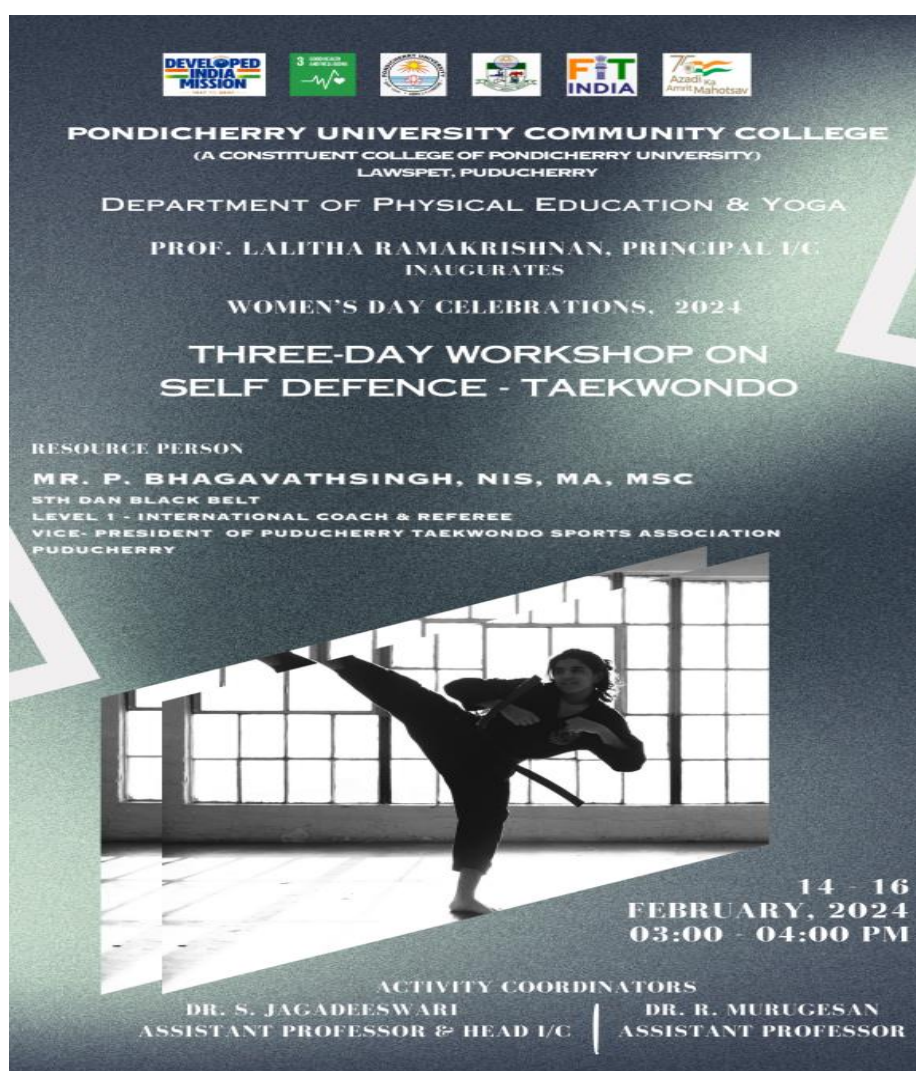
Dr. Narayanasamy Sangeetha
Professor, DFST

Dr. S. Haripriya
Head (I/c) & Coordinator SDG-2

Women's Day Celebrations 2024 – Three day Workshop on Self Defence - Taekwondo organized by Department of Physical Education & Yoga, PUC from 14 - 16 February, 2024

The need of the hour for the girls and women in the society is to safeguard themselves against violence committed against them. It is felt that student welfare can strengthen the girl students for their self-protection and women empowerment through a workshop of self defence in collaboration with the Delhi Police (Special Police Unit)

https://www.pondiuni.edu.in/university_news/womens-day-celebrations-2024-workshop-on-self-defence-taekwondo-pucc-lawspet/



DEVELOPED INDIA MISSION **3** **INDIA** **FIT INDIA** **75 Azadi Ka Amrit Mahotsav**

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A CONSTITUENT COLLEGE OF PONDICHERRY UNIVERSITY)
LAWSPET, PUDUCHERRY

DEPARTMENT OF PHYSICAL EDUCATION & YOGA

PROF. LALITHA RAMAKRISHNAN, PRINCIPAL I/C
INAUGURATES

WOMEN'S DAY CELEBRATIONS, 2024

**THREE-DAY WORKSHOP ON
SELF DEFENCE - TAEKWONDO**

RESOURCE PERSON
MR. P. BHAGAVATHSINGH, NIS, MA, MSC
5TH DAN BLACK BELT
LEVEL 1 - INTERNATIONAL COACH & REFEREE
VICE- PRESIDENT OF PUDUCHERRY TAEKWONDO SPORTS ASSOCIATION
PUDUCHERRY

14 - 16
FEBRUARY, 2024
03:00 - 04:00 PM

ACTIVITY COORDINATORS
DR. S. JAGADEESWARI
ASSISTANT PROFESSOR & HEAD I/C | DR. R. MURUGESAN
ASSISTANT PROFESSOR

Women's Day-2024 – Two day Self-Defence workshop on Kalaripayattu & Taekwondo organized by Directorate of Physical Education and Sports in collaboration with the Centre for Women Studies, The Directorate of Distance Education and the Department of Performing Arts on 5th & 6th March, 2024

https://www.pondiuni.edu.in/university_news/womens-day-2024-workshop-on-self-defence-directorate-of-physical-education-and-sports/

Pondicherry University



Women's Day- 2024 Workshop on Self Defence

The Directorate of Physical Education and Sports in collaboration with the Centre for Women Studies, The Directorate of Distance Education, and The Department of Performing Arts Invite all the women stakeholders of the University to participate in the two day Self-Defence workshop on Kalaripayattu & Taekwondo.

Kindly register through given link

<https://forms.gle/beX6peVS6ZEGaVVVA>

Kalaripayattu



**Date: 05/03/2024
Time: 10:00 am to 1:00 pm &
2:30 pm to 4:30 pm
Venue: Netaji Subhas Chandra
Bose Indoor Stadium**

Taekwondo



**Date: 06/03/2024
Time: 10:00 am to 1:00 pm &
2:30 pm to 4:30 pm
Venue: Netaji Subhas Chandra
Bose Indoor Stadium**

Women Health Awareness Program organized by Department of Biotechnology on 17th May, 2024

To provide evidence-based community health interventions to promote wellness, environmental health literacy, and environmental public health.

To examine and respond to environmental health disparities utilizing a racial and gender equity lens.

To advocate for environmental justice issues and support the building of localized community health resiliency.

To train students, researchers and post-doctoral fellows, and clinical and public health practitioners in community and environmental health research and practice.

https://www.pondiuni.edu.in/university_news/women-health-awareness-program/



WOMEN HEALTH AWARENESS PROGRAM

SAVE THE DATE

17 TH MAY, 2024
9.30 AM - 12.30 PM

@ CULTURAL-CUM-CONVENTION CENTRE (CCC)

ALL FEMALE STUDENTS ARE CORDIALLY INVITED (UG, PG STUDENTS & RESEARCH SCHOLARS)

ORGANIZERS
Prof. A. Hannah Rachel Vasanthi,
Dept. Of Biotechnology
Pondicherry University
&
Office of the Dean
Students' Welfare,
Pondicherry University, 

Our Speakers


Prof. Latha Chaturvedula
Dept. Of Obstetrics
& Gynecology
JIPMER
Pondicherry


Prof. D. C. Mathangi
Dept. of Mind, Body,
Medicine &
Lifestyle Science
SRMHER
Chennai

Topics

- Issues Related to Women Health in Reproductive Age: Dos' & Dont's
- The Power of You



3 days Training Programme on Youth Wellbeing in Higher Education organized by Department of Management, PUCCL and Rajiv Gandhi National Institute of Youth Development from 19th to 21st March 2024

https://www.pondiuni.edu.in/university_news/training-programme-on-youth-wellbeing-in-higher-education-pucc-lawspet/



PONDICHERRY UNIVERSITY COMMUNITY COLLEGE
(A Constituent College of Pondicherry University), Lawspet, Puducherry.

DEPARTMENT OF MANAGEMENT
Organics

3 Days Training Programme on Youth Wellbeing in Higher Education

FUND SPONSORED BY*
RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
Sriperumbudur, Tamil Nadu.

Empower your students to succeed with Cognitive Skills (Soft Skills), Emotional Wellbeing, Digital Health, Physical Fitness, Environmental Wellbeing and more...

Highlights

- Interactive Hands-on Sessions
- 10+ Expert Speakers
- Build Confidence & Motive
- Timed: 08 AM - 03:30 PM

Our Patron
Prof. S. Srinivas Ramakrishnan
Principal

More information
Dr. A. Bharathy
Program Coordinator
Contact No : 9600088795

March 19- 21, 2024

Limited
50 Seats Only (on a first-come, first-served basis)

Free Registration

Certificate for participants attending all 3 days only

Click / Scan to Register
<https://www.pondiuni.edu.in>

100 SEATS ONLY. STUDENTS ARE LIMITED
Last Date to Register: March 8, 2024

Guest Lecture on Yoga Principles organized by Department of Physical Education & Yoga, PUCC on 18th October 2024

https://www.pondiuni.edu.in/university_news/guest-lecture-on-yoga-principles-pucc-lawspet/



**PONDICHERRY UNIVERSITY
COMMUNITY COLLEGE**
(A Constituent College of Pondicherry University)
LAWSPET, PUDUCHERRY-605008.



Department of Physical Education & Yoga

Cordially invites you to attend a Guest Lecture on

YOGA PRINCIPLES

on October 18, 2024 from 10 am onwards

Presided by

Prof. Dr. LALITHA RAMAKRISHNAN

Principal (i/c), PUCC

Special Guest cum Invited Speaker

Dr. SANDOSH KUMAR

Former Director & Head, Department of Urology, JIPMER.

Organised for

Students of

**Bachelor of Physical Education and Sports (BPES) &
Post - Graduate Diploma in Yoga (PGDY)**

Convener

Dr. R. MURUGESAN

Assistant Professor and Head (i/c) &

Yoga Course Coordinator,

Department of Physical Education & Yoga

Dr. S. JAGADEESWARI

Assistant Professor,

Department of Physical Education & Yoga

Coordinators

Dr. N. Thennavan

Mr. E. Vairamuthu

Guest Faculty

Mrs. K. Radhika

Mrs. A. Kanimozhi

Mrs. N. Kalpana

Resource Persons for Yoga Course




All are invited



International Symposium on Sustainable One Health organized by Centre for Sustainability and Climate Studies, Department of Ecology and Environmental Sciences in collaboration with Sri Balaji Vidyapeeth on 4th September 2024

https://www.pondiuni.edu.in/university_news/invitation-international-symposium-on-sustainable-one-health-centre-for-sustainability-and-climate-studies/

About Puducherry



Located on the eastern coast of southern India, Puducherry is a union territory of India. Its 492 square kilometers provide a home for about 10 lakh people in four separate districts: Puducherry, Karaikal, Mahe, and Yanam. The towns of Puducherry and Karaikal in Tamil Nadu, Mahe in Kerala, and Yanam in Andhra Pradesh make up the respective districts. Sri Aurobindo, a famous freedom fighter, was born in the French colony of Puducherry. Famous poets Bharathidasan and Bharathiyar, as well as The Mother (Mirra Alfassa), are all from the Puducherry district. In 1954, Puducherry gained its independence and became a part of the Indian Union. The Aay Mandapam, Ananda Ranga Pillai Mansion, Duplex Statue, War Memorial, and 19th century lighthouse are among the famous monuments in the area. These structures have withstood centuries of change and continue to stand alongside colonial architecture. Auroville, sometimes called the City of Dawn, is a major site about 10 kilometers distant from Puducherry in the Indian state of Tamil Nadu.

Contacts

Dr. Mehimaran Natarajan
Centre Head & Coordinator
Centre for Sustainability and Climate Studies, Pondicherry University
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Dr. S. Kalya Mohan
Senior Research Fellow
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Mob: +91 98438 67338

About Pondicherry University


Pondicherry University, established in 1985, holds an "A" accreditation from NAAC and is renowned for its focus on teaching and research, addressing the country's need for skilled professionals. The main campus spans 780 acres along the East Coast Road (ECR), offering a vibrant social environment that reflects India's cultural diversity. The university's advanced library, accessible through a dedicated portal, provides remote access to a wealth of digital resources. With a strong faculty of over 417 members, the university serves around 12,000 students, including 1,587 full-time and over 100 part-time PhD scholars. Teaching and research are conducted across 14 schools housing 53 departments, fostering interdisciplinary research. Pondicherry University is a pioneer in educational innovation, being the first in India to implement the Choice Based Credit System (CBCS), which allows students to choose elective courses beyond their majors. The university is actively implementing the Government of India's new educational policy, reflecting its commitment to excellence in education. The university is fully supported by the University Grants Commission and Ministry of Education.

About the Sustainable One Health Program

Sustainable One Health is an integrated approach that recognizes the interconnectedness of human, animal, and environmental health. It promotes sustainable practices to address global health challenges, including disease outbreaks, climate change, and biodiversity loss. By fostering collaboration across sectors, Sustainable One Health aims to ensure long-term health and well-being for all species while preserving ecosystems for future generations. This event brings together a diverse group of institutions, each contributing unique expertise across various fields, including healthcare, veterinary sciences, agriculture, and public health. Pondicherry University, alongside esteemed partners like Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Sri Balaji Vidyapeeth (Mahatma Gandhi Medical College & Research Institute), Rajiv Gandhi Institute of Veterinary Education and Research (RIVER), PIN College of Agriculture & Research Institute, Nallam Clinic, ICMR-Vector Control Research Centre (VCRC), and Sri Aurobindo Society, aims to foster a multidisciplinary approach to addressing critical issues at the intersection of human, animal, and environmental health. This collaboration will drive forward initiatives in medical education, disease prevention, sustainable agriculture, integrated vector management, and community health, creating a robust framework for advancing the One Health concept and promoting holistic well-being across the region.



International Symposium
on
Sustainable One Health
Wednesday, 4th September, 2024



Organized by
Centre for Sustainability and Climate Studies
Department of Ecology and Environmental Sciences
Pondicherry University

in collaboration with
Sri Balaji Vidyapeeth (Mahatma Gandhi Medical College & Research Institute)
Rajiv Gandhi Institute of Veterinary Education and Research
ICMR-Vector Control Research Centre
Jawaharlal Institute of Postgraduate Medical Education and Research
Sri Aurobindo Society
PIN College of Agriculture & Research Institute
Nallam Clinic



Fulbright Lecture on “Blood, Waste and Water: Linking Environment Justice to Menstrual Health” organized by Centre for European Studies, Department of English & Internal Quality Assurance Cell (IQAC) on 29th November 2024

https://www.pondiuni.edu.in/university_news/updated-fulbright-lecture-on-blood-waste-and-water-linking-environment-justice-to-menstrual-health/



The graphic is a vertical rectangular poster with a teal and white color scheme. On the left, a teal curved shape contains white text. On the right, there is a circular logo for Pondicherry University and a circular photograph of the speaker. At the bottom, there is a teal horizontal bar.

PONDICHERRY UNIVERSITY
SCHOOL OF SOCIAL SCIENCES AND INTERNATIONAL STUDIES
CENTRE FOR EUROPEAN STUDIES,
DEPARTMENT OF ENGLISH & INTERNAL QUALITY ASSURANCE CELL (IQAC)

Cordially invite you for **Fulbright lecture** by

Lalitha "Lily" Shanmugasundaram
The Elliott School of International Affairs
George Washington University
Washington D.C

29 November 2024

Speaker's Profile

Lalitha Shan is a Fulbright Nehru Scholar studying the impacts of climate change on female sanitation and menstruation through an environmental justice lens in tribal communities in Coimbatore District. She additionally has done research on eco-modernist interventions on menstrual waste in urban Coimbatore through a feminist political ecology perspective. She has worked as a research consultant on a National Science Foundation grant studying Arctic energy transitions through an environmental and energy justice lens, and has held previous research positions at the GW Alliance for Sustainable Futures and the Wilson Center. She is a recent graduate of George Washington University with a bachelor's of science in International Affairs, and will continue her post graduate education in the U.S. following the completion of her Fulbright fellowship.

Seminar cum Workshop on Artificial Intelligence (AI) and Machine Learning (ML): Next Generation Tools for Health and Healthcare organized by Department of Bioinformatics on 20th December 2024

https://www.pondiuni.edu.in/wp-content/plugins/pdf-poster/pdfjs/web/viewer.html?file=https://www.pondiuni.edu.in/wp-content/uploads/2024/11/brochure_AI_ML



**Seminar cum Workshop on
Artificial Intelligence (AI) and Machine Learning (ML):
Next generation tools for Health and Healthcare**

Organized by
Department of Bioinformatics, Pondicherry University
20th December, 2024



ABOUT THE WORKSHOP

Seminar will focus on understanding the use of AI and ML to be applied in biological research to effectively address complex issues in healthcare. It will also cover the hands-on sessions to impart the skills and will meet out the access to quality education and process of learning opportunities based on the SDG-4.

ORGANIZING SECRETARY

Dr. P.T.V. Lakshmi
Professor & Head,
Department of Bioinformatics,
Pondicherry University,
Email ID: lakanna@bicpu.edu.in

SCHEDULE

December 20, 2024

Seminar I: Dr. Prashanth S: NGS and Healthcare in the era of Data driven ML.

Seminar II: Dr. Renuka S - AI and Drug discovery.

Post lunch

Hands-on sessions - Dr. Prashanth S. and Dr. Renuka S.

ORGANIZING COMMITTEE

- ❖ Prof. Basant K. Tiwary
- ❖ Prof. Dinakar R. Ampasala
- ❖ Prof. R. Krishna
- ❖ Prof. M. Suresh Kumar
- ❖ Prof. ArchanaPan
- ❖ Prof. R. Amutha
- ❖ Dr. B. Syed Ibrahim
- ❖ Dr. K.M. Kumar
- ❖ Dr. A. Murali
- ❖ Dr. S. Mohane Coumar
- ❖ Dr. V. Amouda

RESOURCE PERSONS

Dr. Prashanth S
Associate Professor
&
Dr. Renuka S
Assistant Professor
School of Biotechnology
Amrita Vishwa Vidyapeetham,
Amritapuri, Kerala

REGISTRATION

There is no registration fee for this event, the seminar is open to all PG and Research Scholars of School of Life Sciences, PU.

***The hands-on session is only for the Department of Bioinformatics, Pondicherry University.**

(Link for Dept. of Bioinformatics only)
<https://forms.gle/aAQ8Y2gl.SDRJLYP.NZ>

CONTACT DETAILS

Department of Bioinformatics,
School of Life Sciences Pondicherry University,
Puducherry-605014, India
Email ID: contact@bicpu.edu.in, dr.ptv.lakshmi.lab@gmail.com Phone: +91 4132654252.

World Diabetes Day – Awareness Session followed by Diabetic Screening Test organized by Siddha Regional Research Institute (SRRI) in collaboration with Siddha Medical Services Unit, University Health Centre on 14th November 2024

<https://www.pondiuni.edu.in/wp-content/plugins/pdf-poster/pdfjs/web/viewer.html?file=https://www.pondiuni.edu.in/wp-content/uploads/2024/11/An-Awareness-Session-followed-by-Diabetic-Screening-Test-on-14.11.2024>



PONDICHERRY UNIVERSITY
(A Central University)

*Dr B.R. Ambedkar Administrative Building,
R. Venkataraman Nagar, Kalapet, Puducherry - 605 014*

Ref. No.PU/EST/NT12/Siddha/2024/370

Date 13.11.2024

CIRCULAR

The Siddha Regional Research Institute (SRRI), (under the Central Council for Research in Siddha (CCRS), Ministry of AYUSH, Government of India) in collaboration with Siddha Medical Services Unit, University Health Centre, Pondicherry University is conducting an Awareness Session followed by Diabetic Screening Test from 10.30 A.M. onwards on 14th November 2024 (Thursday) in the Executive Council Hall, Administrative Building on the occasion of World Diabetes Day for all the Staff.

All the willing Staff are requested to avail this facility.

// BY ORDER//


DEPUTY REGISTRAR (ADMIN)

To

The All Staff, PU

Copy to:

1. Dr.Lavanya, Research Officer (Siddha Medical Services Unit), Health Centre, PU
2. The O/o, University Health Centre, PU
3. The Deputy Registrar, VC's Secretariat, Pondicherry University. for kind information of VC
4. The Head (i/c), Engineering Wing, PU } with a request to provide all infrastructure facilities.
5. The Assistant Engineer, Electrical Wing, PU }
6. The Officer on Special Duty, Vigilance & Security Section, PU - - for providing necessary security arrangements
7. The Public Relations Officer, PU - - for suitable arrangements.
- ✓ 8. The Systems Manager & Head (i/c), Computer Centre, PU. - - with a request to host in the University website.

World Tourism Day 2024 – Blood Donation Camp organized by Department of Tourism Studies on 23rd September 2024

https://www.pondiuni.edu.in/university_news/world-tourism-day-2024-blood-donation-camp-department-of-tourism-studies/



PONDICHERRY UNIVERSITY
(A Central University)
DEPARTMENT OF TOURISM STUDIES
SCHOOL OF MANAGEMENT

Dr. ANU CHANDRAN.R.C
Professor & Head
Chief Editor Bharatha Pathrika Trilingual Journal
E-mail: anoos_ind@pondiuni.ac.in; anu.chandran48@gmail.com

R.V.NAGAR, KALAPET
PUDUCHERRY-605 014
Phone No: 9843244547

18.09.2024


CIRCULAR

The Department of Tourism Studies, School of Management, Pondicherry University is organising the Blood Donation Camp in Association with JIPMER and Rotary club Pondicherry Agaram - as part of the spate of events to mark the World Tourism Day 2024. The Campaign will be held in the Auditorium, Dept. of Management Studies on 23 Sept, from 10.00 a.m. to 5.00 p.m. All the interested Students, Scholars, Faculty Members and Non-Teaching Staff of the University are invited to take part in this initiative.

ANU CHANDRAN

One-Week International online Training on Feminist Research Methodology organized by Centre for Women's Studies in academic collaboration with Asha Paras Foundation for Peace and Harmony, India from 12th – 18th February 2024

https://www.pondiuni.edu.in/university_news/inaugural-session-one-week-international-online-training-on-feminist-research-methodology-centre-for-womens-studies/



Centre for Women's Studies, Pondicherry University,
Puducherry

In academic collaboration with
Asha Paras Foundation for Peace and Harmony, India


Cordially invites you to the
Inaugural Session

ONE-WEEK INTERNATIONAL ONLINE TRAINING ON
FEMINIST RESEARCH METHODOLOGY



PROF. B B MOHANTY
Dean, School of Social Sciences and International Studies
Pondicherry University, Puducherry

Will deliver the Inaugural Address

12 FEB 2024 (MONDAY)   **6.00 PM - 8.30 PM**
(INDIAN TIME)

ADDRESS – GOOGLE MEET
Google Meet joining info
<https://meet.google.com/unf-ormu-ziq>

INVITED